Dr Dominique Thompson

Dominique is an award winning GP, young people’s mental health expert, TEDx speaker, author and educator, with two decades of clinical experience.

She is author of *The Student Wellbeing Series* (Trigger Press), and co-author of *How to Grow a Grown Up* (PenguinRandomHouse). Dominique has done two TEDx talks; ‘What I learnt from 78000 GP consultations with university students’ and ‘Understanding Why’.

She contributed to Student Mental Health & Wellbeing in Higher Education: A practical guide (Sage). Dominique is a clinical advisor for NICE, RCGP and Student Minds. She is lead clinical advisor for Aardman Animation’s *What’s Up with Everyone?* campaign, and for *Being Well, Living Well Epigeum*

Further information about Dominique at [www.buzzconsulting.co.uk](http://www.buzzconsulting.co.uk)