Dear Ms Paul

Your request for information received on 6 February 2018 has been dealt with under the provisions of the Freedom of Information Act 2000 (FOIA).

You asked:

Please can you send me the following information for each of the academic years 2013-2018. For the first four questions I would like this data in spreadsheet format (CSV or XLS).

1. How many support service staff have been employed with a mental health remit (e.g. counselling, wellbeing) in each of the last 5 academic years. If a breakdown is not available for mental health staff, please provide a total for the closest possible category.
2. Budget for mental health support for each of the last 5 academic years, and where possible a breakdown on how that money is allocated, e.g. staff, marketing, equipment etc.
3. Number of students seeking mental health support in each of the last 5 academic years
4. Average waiting time for mental health support in each of the last 5 academic years
5. Any internal reports or reviews relating to mental health provision over the last 5 years.

**University Response**

1. **2012/13**
   Head of Student Welfare and Counselling – 1FTE – 1 person
   Counsellors – 3FTE – 6 people

2. **2013/14**
   Head of Student Welfare and Counselling – 1FTE – 1 person
   Counsellors – 3FTE – 6 people

3. **2014/15**
   Student Mental Health Manager – 1FTE – 1 person
   Counsellors – 3.14FTE – 6 people
   Associate training counsellors – 2 FTE – 2 people (voluntary)
**2015/16**
Student Mental Health Manager – 1 FTE – 1 person  
Counsellors – 3.14 FTE – 6 people  
Associate training counsellors – 2 FTE – 2 people (voluntary)

**2016/17**
Student Counselling and Mental Health Manager – 1 FTE  
Mental Health Advisor – 2 FTE – 2 people  
Counsellors – 3.14 FTE – 6 people  
Counselling Psychologist – 1 FTE – 1 person  
Consultant Psychiatrist – 90 pa – vacancy  
Associate training counsellors – 2 FTE – 2 people (voluntary)

In addition, we use Barnet Mind Matters (IAPT) to support our students on day a wee (not employed but hosted by the university).

**2017/18**
Student Mental Counselling and Health Manager 1 FTE  
Mental Health Advisors 2 FTE  
Counsellor 3.15 FTE  
Counselling Psychologist 1 FTE  
Wellbeing Services Administrator 1 FTE  
Associate Training Counsellor - Voluntary 0  
Psychiatrist - 90 hours 0.05 FTE

<table>
<thead>
<tr>
<th>Budget</th>
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<tbody>
<tr>
<td>17/18</td>
<td>£443,331</td>
</tr>
<tr>
<td></td>
<td>(provisional not actual)</td>
</tr>
<tr>
<td>16/17</td>
<td>£356,096</td>
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<tr>
<td>15/16</td>
<td>£228,549</td>
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<td>14/15</td>
<td>£216,661</td>
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<td>13/14</td>
<td>£255,071</td>
</tr>
<tr>
<td>12/13</td>
<td>£123,406</td>
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</tbody>
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We do not yet have finalised figures for 2017/18 so we do not hold the information you have requested.

3. We did not begin to properly record this data until 2013/14 but for the data we do hold:  
   - 2013/14: 354  
   - 2014/15: 468  
   - 2015/16: 580  
   - 2016/17: 617  
   - 2017/18: 470 to date of request

4. We do not record specific waiting times for students seeking treatment so we do not hold the information you have requested.

5. There have been no internal reports or reviews about mental health provision at this University.

I trust this satisfies your request sufficiently. Under the Freedom of Information Act 2000, you have the right to complain about the University’s response to your request for information. If you have such a complaint, you may contact Mrs Teresa Kelly, Clerk to the Board of Governors, Middlesex University, Hendon campus, London NW4 4BT, tel: 020 8411 6018, t.kelly@mdx.ac.uk within 40
days of the date of this letter for a review of the University’s decision. If you remain unsatisfied with
the outcome of that complaint, you may seek further recourse by lodging an appeal with the
Information Commissioner.

Yours sincerely

John Gilchrist
Freedom of Information Officer