

Mr John Gilchrist
Freedom of Information Officer

15 October 2018

Ref: FOI/September 2018/ Ben Butcher

By email to Ben.Butcher@bbc.co.uk

The Burroughs
Hendon
London
NW4 4BT
United Kingdom

Tel: +44 (0)20 8411 4061
e-mail:
j.gilchrist@mdx.ac.uk
www.mdx.ac.uk

Dear Mr Butcher

Your request for information received on 20 September 2018 has been dealt with under the provisions of the Freedom of Information Act 2000 (FOIA).

You asked:

I am sending this request under the Freedom of Information Act to ask for the following information:

1. How many individual students used student counselling services in:
 - 2008/09 academic year?
 - 2009/10 academic year?
 - 2010/11 academic year?
 - 2011/12 academic year?
 - 2012/13 academic year?
 - 2013/14 academic year?
 - 2014/15 academic year?
 - 2015/16 academic year?
 - 2016/17 academic year?
 - 2017/18 academic year?

If your university does not hold information for every year, please supply those for which it is available.

2. In the latest academic year, what was the gender breakdown of those using student counselling services?

3. In the latest academic year, what was the breakdown of UK and non-UK students using counselling services?

4. In the latest academic year, what was the main reason cited for students wishing to access student counselling services?

5. What was the total spending on student counselling services in:

- 2008/09 academic year?
- 2009/10 academic year?
- 2010/11 academic year?
- 2011/12 academic year?
- 2012/13 academic year
- 2013/14 academic year?
- 2014/15 academic year?
- 2015/16 academic year?
- 2016/17 academic year?
- 2017/18 academic year?

If your university does not hold information for every year, please supply those for which it is available.

6. What was the Full-Time Equivalent of staff allocated to student counselling?

- 2008/09 academic year?
- 2009/10 academic year?
- 2010/11 academic year?
- 2011/12 academic year?
- 2012/13 academic year?
- 2013/14 academic year?
- 2014/15 academic year?
- 2015/16 academic year?
- 2016/17 academic year?
- 2017/18 academic year?

If your university does not hold information for every year, please supply those for which it is available.

University Response

1. We did not begin to systematically record this data until 2013/14 but for the data we do hold:

- 2013/14: 354
- 2014/15: 468
- 2015/16: 585
- 2016/17: 689
- 2017/18: 753

We believe the increased usage of these services is down to significant investment and promotion by the University to improve capacity and access, coupled with external factors that are increasing the prominence of mental health issues for students and young people.

2.

	male	female	undisclosed	total
2017/18	162	480	110	753

3. We do not capture this breakdown from students who access our counselling services so we do not hold the information you have requested.

4. Again, we do not ask students to cite a specific reason for accessing counselling services that can be clearly categorised so we do not hold the information you have requested.

5.

	Budget
17/18	£443,331
16/17	£356,096
15/16	£228,549
14/15	£216,661
13/14	£255,071
12/13	£123,406

6.

2017/18

Student Mental Counselling and Health Manager 1FTE
Mental Health Advisors 2FTE
Counsellor 3.15FTE
Counselling Psychologist 1FTE
Wellbeing Services Administrator 1FTE
Associate Training Counsellor - Voluntary 0
Psychiatrist - 90 hours 0.05FTE

2016/17

Student Counselling and Mental Health Manager – 1FTE
Mental Health Advisor – 2FTE – 2 people
Counsellors – 3.14FTE – 6 people
Counselling Psychologist – 1FTE – 1 person
Consultant Psychiatrist – 90 pa – vacancy
Associate training counsellors – 2 FTE – 2 people (voluntary)
In addition, we use Barnet Mind Matters (IAPT) to support our students on day a week (not employed but hosted by the university).

2015/16

Student Mental Health Manager – 1FTE – 1 person
Counsellors – 3.14FTE – 6 people
Associate training counsellors – 2 FTE – 2 people (voluntary)

2014/15

Student Mental Health Manager – 1FTE – 1 person
Counsellors – 3.14FTE – 6 people
Associate training counsellors – 2 FTE – 2 people (voluntary)

2013/14

Head of Student Welfare and Counselling – 1FTE – 1 person
Counsellors – 3FTE – 6 people

2012/13

Head of Student Welfare and Counselling – 1FTE – 1 person
Counsellors – 3FTE – 6 people

I trust this satisfies your request sufficiently. Under the Freedom of Information Act 2000, you have the right to complain about the University's response to your request for information. If you have such a complaint, you may contact Mrs Teresa Kelly, Clerk to the Board of Governors, Middlesex University, Hendon campus, London NW4 4BT, tel: 020 8411 6018, t.kelly@mdx.ac.uk within 40 days of the date of this letter for a review of the University's decision. If you remain unsatisfied with the outcome of that complaint, you may seek further recourse by lodging an appeal with the Information Commissioner.

Yours sincerely

John Gilchrist

Freedom of Information Officer