

# BA (Hons) Dance Practices

## Programme Specification



<b>1. Programme title</b>	BA Dance Practices BA Dance Practices with Foundation Year
<b>Exit Awards</b>	BA Dance Practices (Choreography) BA Dance Practices (Dance Science)
<b>2. Awarding institution</b>	Middlesex University
<b>3. Teaching institution</b>	Middlesex University
<b>4. Details of accreditation by professional/statutory/regulatory body</b>	N/A
<b>5. Final qualification</b>	BA (Hons)
<b>6. Year of validation</b> <b>Year of amendment</b>	
<b>7. Language of study</b>	English
<b>8. Mode of study</b>	Full-time

<b>9. Criteria for admission to the programme</b>
<p>Criteria for admission rest upon the principles that the applicant has prior experience in dance and is able to demonstrate their potential for (i) benefiting from an education in dance and (ii) contributing to the development of the subject both within Middlesex University and in the wider professional and community context. A balance is sought between knowledge and skills in the technical, expressive, creative and critical aspects of dance study. A good academic record is required, including an examination profile with the standard UCAS tariff (normally) of 112 points, or their equivalent in other standard qualifications, though these may be waived in the case of mature students. Applicants who hold, or who are expected to gain these academic qualifications and have revealed their commitment to dance in their initial application are given the opportunity to demonstrate their technical and performance skills in an audition class.</p> <p>You must have competence in the English language and we normally require a score of 4 at GCSE or Grade C if awarded before 2017, or an equivalent qualification. The most common English Language requirements for international students are IELTS 6.0 (with minimum 5.5 in all four components) or TOEFL Internet based 72 (with at least 17 in listening &amp; writing, 20 in speaking and 18 in reading)</p>

## 10. Aims of the programme

The programme aims to:

- promote the acquisition of knowledge of the processes by which dance practices are created, realised, managed, distributed and documented;
- provide the knowledge and skills in the core activities of creating, artistic expression, collaborating, critically appraising, self-reflection and wellbeing in relation to dance;
- offer the opportunity to choose a specialist area of interest for study in depth at level 6 such as: Choreography; Dance Science, or engage with a wider portfolio of choice;
- facilitate the acquisition of the subject knowledge and transferable skills necessary for entry into the broader creative industries and avenues of post-graduate study;
- promote the acquisition of knowledge of contemporary, historical and diverse cultural contexts within which dance is practiced, produced and disseminated;
- establish professional practice through active participation in performative, academic and collaborative contexts.

## 11. Programme outcomes\*

### A. Knowledge and understanding

On completion of this programme the successful student will have knowledge and understanding of:

1. employability requisites necessary to effectively plan and pursue a career in the creative industries:  
(Middlesex Graduate attributes 1-8: strong communicators, effective team players, digitally literate, ethically informed, culturally competent, resourceful, creative, numerate);
2. the technical experience and diverse components of Dance Practices (GA 1,2 7);
3. the key principles of safe dance practice GA 1,3,8);
4. the knowledge skills and methods required to bring to fruition a research project in Dance Science (GA 1-8);
5. the breadth of contribution from influential dance practice practitioners and scholars (GA 5);
6. the knowledge, skills and methods required to bring to fruition a research project in Dance Scholarship (GA 1,3,4,5,6);
7. develop an independent voice through Practice as Research; (GA 1-8)
8. digital tools and technologies for creative, professional and academic purposes (GA 3,8);
9. ethical principles related to professional practice through performative, academic and collaborative contexts (GA 2,4,5);

### Teaching/learning methods

Students gain knowledge and understanding through: Lectures, which focus on tutor-led introduction and exploration of new material and analytical approaches; seminars, workshops provide the opportunity for student discussion groups to address issues covered by lectures; skills-based classes provide specific focused knowledge of the dance practices being studied; independent study and research, which require students to broaden their knowledge; performance viewing, which allows students to consider ideas about dance practices; tutorials and feedback, which provide the opportunity for students to seek clarification of understanding and for the two-way feedback process to be reinforced.

### Assessment methods

Students' knowledge and understanding is assessed by: Articulating the learning in different ways such as; academic essays, case studies, oral presentations, presentation of project outcomes via digital formats.

Assessment may occur in an independent or collaborative context.

<p><b>B. Skills</b></p> <p>On completion of this programme the successful student will be able to:</p> <ol style="list-style-type: none"> <li>1. demonstrate technical and creative proficiency in dance practices (GA 7,8);</li> <li>2. participate in diverse processes in relation to dance practices (GA 1,2,5,7);</li> <li>3. demonstrate sophisticated interdisciplinary and collaborative choreographic engagement (GA 1,2,5,7);</li> <li>4. confidently apply safe dance practice in a dance teaching environment (GA 1,4,8);</li> <li>5. critically evaluate, interpret, analyse and reflect within various contexts (GA 1,5,6);</li> <li>6. present in various forms including the use of digital technology (GA 1,3);</li> <li>7. confidently contribute to critical debates with informed opinions (GA 1,5).</li> </ol>	<p><b>Teaching/learning methods</b></p> <p>Students learn practical skills through skills- based classes, to provide the specific physical expertise required; workshops, rehearsals both tutor led and independent study, performances, presentations and the making of new choreographic work give students the structure to apply skills and ideas, helping to also develop the students' inter-personal and collaborative skills alongside their physical dexterity; lectures to provide a deeper understanding of the components involved; tutorials to provide opportunity for students to seek clarification of their accomplishments attained at a given point and to feed-forward into future work. Cognitive skills are learnt through lectures, which model processes for articulating and presenting ideas clearly; seminars, which allow students to develop their own skills in articulation and debate as ways of developing their thinking and testing their ideas; workshops and practical exploration, in which students apply interpretations and make critical judgements in relation to dance practices; independent study and research, through which students encounter a wide range of ideas and critical strategies.</p> <p><b>Assessment methods</b></p> <p>Students' skills are assessed by: practical assessments of technical dance classes, performances, choreography, evaluative writing, reflective journal, blogs/vlogs, essays, presentations in various formats, short critical reviews. Assessment may also occur in an independent or collaborative context.</p>
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<p><b>12. Programme structure (levels, modules, credits and progression requirements)</b></p>
<p><b>12. 1 Overall structure of the programme</b></p>
<p>The programme is studied over three years full-time. Study is generally undertaken at three levels (one for each year of study.) There are 30 study weeks in each year. The programme structure is divided into study units called modules. Modules have credit values of 30, 60 or 120 credits according to the subject and nature of learning. Each 30-credit module represents approximately 300 hours of student learning, endeavour and assessment, with the number of teaching hours appropriate to the nature of the subject. Each level has an equivalent of 120 credits.</p> <p><b>YEAR 1- Level 4</b> provides you with a sound foundation from which to develop. The Emerging Dance Artist is a year-long 120-credit module that, by positioning you at the centre of the learning experience, lays the fundamentals of effective working practices encompassing a range of core areas such as: dance techniques, choreographic processes and dance-making, contextualisation of current and past practices, cultural identities, collaboration and independent working. You will explore the interrelationship between these components through a portfolio of learning themes that provide lineage and currency to the landscape of dance today.</p> <p><b>YEAR 2 - Level 5</b> develops knowledge, understanding and skills of Dance Practices through four distinct modules. Each module has a specific in-depth focus which is central to the developing artist. The four discrete modules together offer the opportunity for you to reflect on your learning within dance practices and shape your pathway in Year Three.</p> <p><b>DAN2511: Theorising Performance and Practices</b> This module develops key academic frameworks of methodological approaches and theoretical perspectives for analysis and interrogation of dance practices and dance works. The module also introduces areas of professional practice, alongside developing your understanding of ethical considerations, strategies and skills required for navigating a journey through the profession.</p>

**DAN2522: Dance Techniques and Performance**

Through practical work you will explore various dance techniques, enhance your technical and artistic abilities and develop knowledge and understanding of technique and performance. You will learn and perform dance works ranging from twentieth century repertoire to current creations in order to develop an understanding of the principles, methods and processes embedded in dance works and performance.

**DAN2533: Creativity and Enterprise**

This module further develops your knowledge and understanding of collaborative creative processes and practices in dance. You will be introduced to different modes of presentation (screen, site specific and theatre) and engage in collaborative processes to produce a creative outcome. The module also introduces different approaches to framing, presenting and disseminating creative work.

**DAN2544: Dance Science**

This module develops your understanding of the moving body. You will be introduced to common postural changes in dancers, and the effects of this on dance performance. The module will equip you with the skills to recognise the importance of warm up/cool down, supplementary fitness training, and nutrition, for safe dance practice.

**All students follow levels 4 and 5 on BA (Hons) Dance Practices and can remain on that award for Level 6 with a choice of module options in Year Three. Alternatively, through negotiation with your Personal Tutor, toward the end of Year Two you can either transfer to BA (Hons) Dance Performance or access one of two exit awards: BA (Hons) Dance Practices (Choreography) or BA (Hons) Dance Practices (Dance Science).**

**YEAR 3- Level 6** enhances, further develops and applies knowledge and skills within a professional practice context.

**BA (Hons) Dance Practices**

Students will take:

**DAN3611: Applied Professional Practices**

This module makes links with the wider dance profession, develops key skills and attributes and engages you in practice-based experiences. Learning through reflection on your engagement with professional practice, you will gain vital employability skills necessary to effectively plan and pursue a career in the creative arts industry.

**PLUS**

**DAN3623: Dance Techniques (Performance)**

This module focuses on the development of a sophisticated understanding and physical articulation of the artistic and technical skills embedded in dance technique. Alongside the technical training you are expected to advance your physical fitness.

**OR**

**DAN3624: Dance Techniques (Practices)**

This module will enhance your dance technical skills. Alongside the technical training, you will be encouraged to reflect how the techniques studied inform your artistic, creative, or educational growth and understanding of dance.

**Students staying on BA (Hons) Dance Practices then have a further choice of one 30 credit module from the following options:**

**DAN3622: Directed Performance**

Provides you with an embodied artistic understanding of dance repertoire. You will be challenged to apply and expand your technical proficiency, acquire stylistic and interpretive skills through engagement with rehearsals in a directed context and explore the multiple layers inherent in the rehearsal process and performance of dance repertoire.

**OR**

**DAN3633: Creative Performance**

Through engaging with a choreographer you will develop a sense of personal artistic interpretation and an awareness of 'self', enhancing your understanding of the role the dancer plays within the creation and performance of new work. You will have the opportunity to investigate, develop and apply varying rehearsal techniques and perform in a professional theatre context.

OR

**DAN3644: Collaborative Practices**

This module enables you to develop research in collaboration with other disciplines; fostering independence and ambition in dance making through dialogue with other artists. You will develop knowledge and understanding of the range and diversity of inter-disciplinary practices. You will engage in the research, invention and planning of choreographic projects.

**And one 30 credit module from the following options:**

**DAN3644\*: Collaborative Practices *\*(note this module cannot be taken twice)***

This module enables you to develop research in collaboration with other disciplines; fostering independence and ambition in dance making through dialogue with other artists. You will develop knowledge and understanding of the range and diversity of inter-disciplinary practices. You will engage in the research, invention and planning of choreographic projects.

OR

**DAN3666: Teaching Safe Dance Practice**

In this module, you will enhance and extend your understanding of safe dance practices and be equipped with the skills to apply and demonstrate these from a practical teaching perspective.

OR

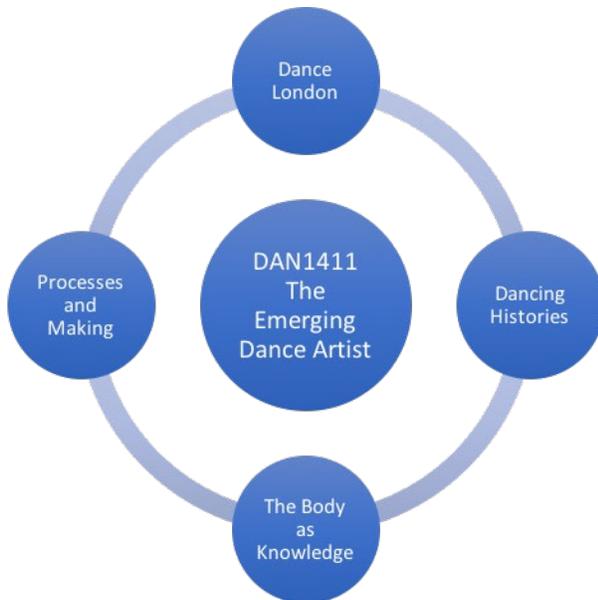
**DAN3688: Dancing Research**

In this module, you will have the opportunity to explore, in-depth, a dance-related topic of your choice. Emulating the research field, you will learn to articulate and present findings in written and oral form. Through participating in seminar sessions and one to one tutorials, you will develop key skills and processes embedded in the practice of academic research.

**Students can also opt for  
DAN3666: Teaching Safe Dance Practice AND DAN3688: Dancing Research**

## BA (Hons) Dance Practices

Year One/Level 4: DAN1411 - 120 credit project module



Year Two/Level 5: 4 x 30 credit core modules

DAN2511(30)  
Theorising  
Performance  
and Practice

DAN2522 (30)  
Dance  
Techniques and  
Performance

DAN2533(30)  
Creativity and  
Enterprise

DAN2544 (30)  
Dance Science

Year Three/Level 6: 1 x 30credit core module + 3 x option choices

DAN3611(30)  
Applied  
Professional  
Practices

PLUS

DAN3623 (30)  
Dance Techniques  
(Performance)

OR

DAN3624 (30)  
Dance Techniques  
(Practices)

**Choice of One 30 credit Module from:**

DAN3622 (30)  
Directed  
Performance

DAN3633 (30)  
Creative  
Performance

DAN3644 (30)  
Collaborative  
Practices

**And choice of One 30 credit module from:**

DAN3666  
(30)  
Teaching Safe  
Dance Practice

DAN3688  
(30)  
Dancing  
Research

DAN3644\*  
(30)  
Collaborative  
Practices  
\*module cannot  
be taken twice

**OR**

DAN3666 (30)  
Teaching Safe  
Dance Practice

**AND**

DAN3688 (30)  
Dancing  
Research

## **EXIT AWARD: BA (Hons) Dance Practices (Choreography)**

**All students follow levels 4 and 5 on BA (Hons) Dance Practices**

**Year 3 – Level 6 Modules for exit award are the following:**

### **DAN3611: Applied Professional Practices**

This module makes links with the wider dance profession, develops key skills and attributes and engages you in practice-based experiences. Learning through reflection on your engagement with professional practice, you will gain vital employability skills necessary to effectively plan and pursue a career in the creative arts industry.

### **DAN3624: Dance Techniques (Practices)**

This module will enhance your dance technical skills. Alongside the technical training, you will be encouraged to reflect how the techniques studied inform your artistic, creative, or educational growth and understanding of dance.

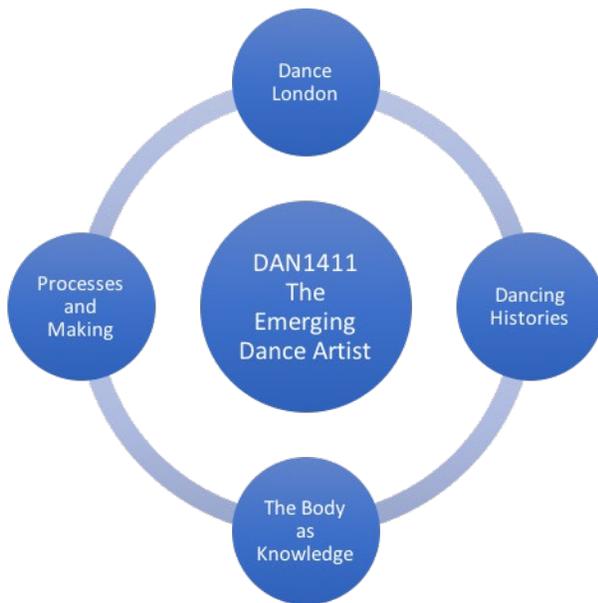
### **DAN3644: Collaborative Practices**

This module enables you to develop research in collaboration with other disciplines; fostering independence and ambition in dance making through dialogue with other artists. You will develop knowledge and understanding of the range and diversity of inter-disciplinary practices. You will engage in the research, invention and planning of choreographic projects.

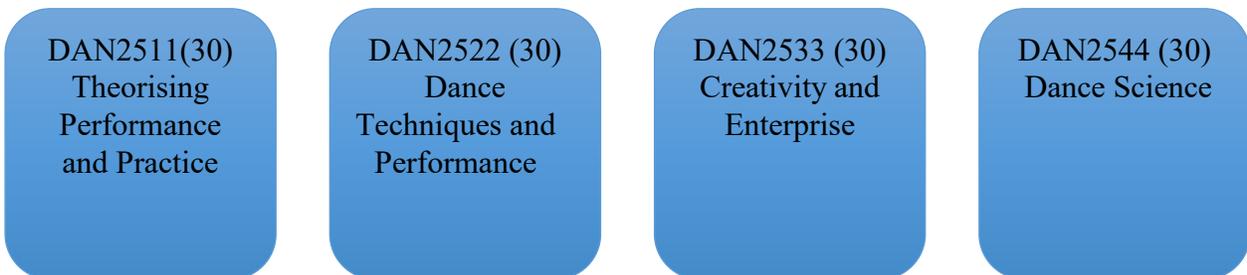
### **DAN3699: Choreographic Research Project**

This module enables you to develop and manage an individually designed practice-as-research project. You will engage with scholarly discourse in the fields of arts research and develop critical thinking through practice. Synthesising current theory in relation to your own emerging artistic voice, the module enables you to position your work within wider contemporary choreographic landscapes.

**Year One/Level 4: DAN1411 - 120 credit project module**



**Year Two/Level 5: 4 x 30 credit core modules**



**EXIT AWARD: BA (Hons) Dance Practices (Choreography)**

**Year Three exit award:**



## **EXIT AWARD: BA (Hons) Dance Practices (Dance Science)**

**All students follow levels 4 and 5 on BA (Hons) Dance Practices**

**Year 3 – Level 6 Modules for exit award are the following:**

### **DAN3611: Applied Professional Practices**

This module makes links with the wider dance profession, develops key skills and attributes and engages you in practice-based experiences. Learning through reflection on your engagement with professional practice, you will gain vital employability skills necessary to effectively plan and pursue a career in the creative arts industry.

### **DAN3624: Dance Techniques (Practices)**

This module will enhance your dance technical skills. Alongside the technical training, you will be encouraged to reflect how the techniques studied inform your artistic, creative, or educational growth and understanding of dance.

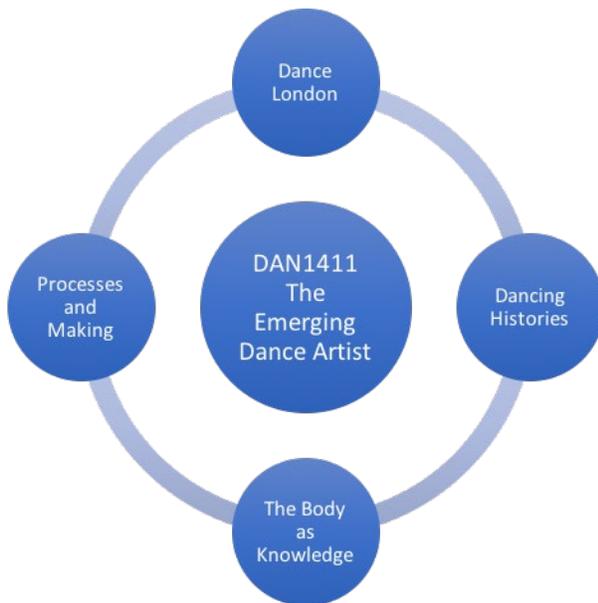
### **DAN3666: Teaching Safe Dance Practice**

In this module, you will enhance and extend your understanding of safe dance practices and be equipped with the skills to apply and demonstrate these from a practical teaching perspective.

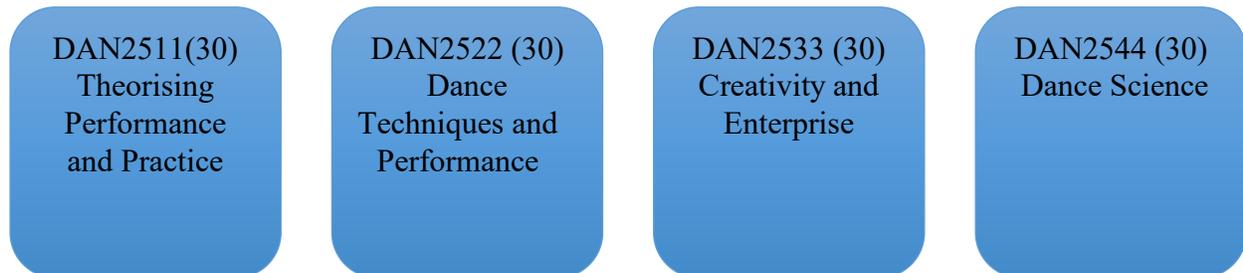
### **DAN3677: Dance Science Project**

This module will allow you to develop knowledge, skills and methods required to research and present an individually chosen, designed and managed Dance Science related research project. You will be able to pursue a subject that interests you and engage with a topic in greater depth. The module will extend and develop your research skills.

**Year One/Level 4: DAN1411 - 120 credit project module**

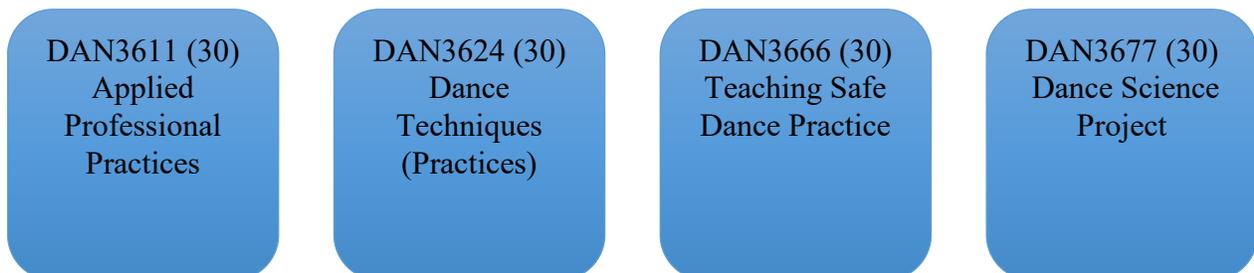


**Year Two/Level 5: 4 x 30 credit core modules**



**EXIT AWARD: BA (Hons) Dance Practices (Dance Science)**

**Year 3 exit award:**



12.2 Levels and modules BA (Hons) Dance Practices		
Level 4 (1)		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take the following: DAN1411	n/a	120 credits
Level 5 (2)		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: DAN2511 DAN2522 DAN2533 DAN2544	n/a	240 credits (normally)
Level 6 (3)		
COMPULSORY	OPTIONAL /Compulsory	PROGRESSION REQUIREMENTS
Students must take the following: DAN3611	<p>Students choose ONE from the following: DAN3623 DAN3624</p> <p>Students choose ONE from the following: DAN3622 DAN3633 DAN3644</p> <p>AND ONE from the following: DAN3644 (cannot be taken twice) DAN3666 DAN3688</p> <p>OR DAN3666 And DAN3688</p>	Completion of 360 credits

<b>12.2 Levels and modules BA (Hons) Dance Practices (Choreography)</b>		
Level 4 (1)		
COMPULSORY	OPTIONAL	PROGRESSION REQ
Students must take the following: DAN1411	n/a	120 credits
Level 5 (2)		
COMPULSORY	OPTIONAL	PROGRESSION REQ
Students must take all of the following: DAN2511 DAN2522 DAN2533 DAN2544	n/a	240 credits (normally)
Level 6 (3)		
COMPULSORY	OPTIONAL	PROGRESSION REQ
Students must take all of the following: DAN3611 DAN3624 DAN3644 DAN3699	Optional areas within DAN3611	Completion of 360 credits

<b>12.2 Levels and modules BA (Hons) Dance Practices (Dance Science)</b>		
Level 4 (1)		
COMPULSORY	OPTIONAL	PROGRESSION REQ
Students must take the following: DAN1411	n/a	120 credits
Level 5 (2)		
COMPULSORY	OPTIONAL	PROGRESSION REQ
Students must take all of the following: DAN2511 DAN2522 DAN2533 DAN2544	n/a	240 credits (normally)
Level 6 (3)		
COMPULSORY	OPTIONAL	PROGRESSION REQ
Students must take all of the following: DAN3611 DAN3624 DAN3666 DAN3677	Optional areas within DAN3611	Completion of 360 credits

<b>12.3 Non-compensatable modules for Dance Practices (note statement in 12.2 regarding FHEQ levels)</b>	
<b>Module level</b>	<b>Module code</b>
Level 4	DAN1411
Level 5	DAN2511
Level 6	DAN3611

<b>12.3 Non-compensatable modules for Dance Practices (Choreography) (note statement in 12.2 regarding FHEQ levels)</b>	
<b>Module level</b>	<b>Module code</b>
Level 4	DAN1411
Level 5	DAN2533
Level 6	DAN3611
Level 6	DAN3644
Level 6	DAN3699

<b>12.3 Non-compensatable modules for Dance Practices (Dance Science) (note statement in 12.2 regarding FHEQ levels)</b>	
<b>Module level</b>	<b>Module code</b>
Level 4	DAN1411
Level 5	DAN2544
Level 6	DAN3611
Level 6	DAN3666
Level 6	DAN3677

<b>13. Curriculum map</b>
See attached.

<b>14. Information about assessment regulations</b>
The programme conforms to Middlesex University Regulations. Self-deferral of assessments is not permitted.

<b>15. Placement opportunities, requirements and support</b>
All students have the opportunity to undertake a practice- based experiential study/placement in their final year. This component is housed within DAN3611: Applied Professional Practices and is supported by both the module leaders and the University's Employability and Careers service.

<b>16. Future careers (if applicable)</b>
The future personal and professional achievements of graduates will rely on the acquisition of a wide range of knowledge, skills, attributes and abilities. Common destinations for current graduates include the professional arts, the entertainment industries, applied arts, education, the health and fitness industry, arts administration, scholarship, postgraduate study and the creative industries.

### 17. Particular support for learning (if applicable)

Students on this programme have access as needed to specialist studio and performance space, equipment, workshops, and tutors. Students also have a number of free prehabilitation treatments.

### 18. JACS code (or other relevant coding system)

W500

### 19. Relevant QAA subject benchmark group(s)

Dance, drama and performance

### 20. Reference points

The following reference points were used in designing the Programme

- Professional dance practice and intellectual debate, the inter-relationship of which sustains the dynamic development of the arts and creative industries.
- QAA Subject Benchmark and Qualifications Level Descriptors
- Framework for Higher Education Qualifications
- Middlesex University Strategic Plan
- Middlesex University Graduate Attributes
- Middlesex University Learning and Teaching policies and strategy
- Middlesex University Regulations

### 21. Other information

- Vibrant Arts and Creative Industries campus with students from Theatre Arts, Music and a multitude of other artistic disciplines
- Performance opportunities on campus and at other London-based venues
- Guest lecturers / choreographers from a variety of disciplines and backgrounds
- Links to independent Choreographic Platforms
- Insight into performance production through engagement with front of house, lighting and costume aspects of theatre production
- Excellent facilities and equipment
- Collaborative performance opportunities
- Opportunity for Study abroad

#### Benefits of a multi faculty campus university experience:

- Part of a large global community - At Middlesex, thanks to our diverse student body, our students study and socialise with others from over 140 countries on our campus.
- Cross disciplinary collaboration - Students will benefit from being exposed to other academic disciplines, as well as the opportunity to work on cross-disciplinary projects.
- Industry standard facilities, links and services - Our London campus is one of the biggest in the capital. Middlesex has invested over £200 million in recent years and continue to invest to put everything you need in one place.
- Learning and social environment - Students will not only benefit from studying alongside individuals with different perspectives and disciplines from their own, our campus also offers lots of opportunities to socialise and meet new people.

Please note programme specifications provide a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve if s/he takes full advantage of the learning opportunities that are provided. More detailed information about the programme can be found in the rest of your programme handbook and the university regulations.

### Curriculum map for BA (Hons) Dance Practices and exit awards\*

This section shows the highest level at which programme outcomes are to be achieved by all graduates, and maps programme learning outcomes against the modules in which they are assessed.

#### Programme learning outcomes

Knowledge and understanding	
A1	employability requisites necessary to effectively plan and pursue a career in the creative industries
A2	the technical experience and diverse components of Dance Practices
A3	the key principles of safe dance practice
A4*	the knowledge skills and methods required to bring to fruition a research project in Dance Science
A5	the breadth of contribution from influential dance practice practitioners and scholars
A6	the knowledge, skills and methods required to bring to fruition a research project in Dance Scholarship
A7*	develop an independent voice through Practice as Research
A8	digital tools and technologies for creative, professional and academic purposes
A9	ethical principles related to professional practice through performative, academic and collaborative contexts
Skills	
B1	demonstrate technical and creative proficiency in dance practices
B2	participate in diverse processes in relation to dance practices
B3*	demonstrate sophisticated interdisciplinary and collaborative choreographic engagement
B4*	confidently apply safe dance practice in a dance teaching environment
B5	critically evaluate, interpret, analyse and reflect within various contexts
B6	present in various forms including the use of digital technology
B7	confidently contribute to critical debates with informed opinions

Programme Outcomes																
A1	A2	A3	A4	A5	A6	A7	A8	A9	B1	B2	B3	B4	B5	B6	B7	
Highest level achieved by all graduates																
6	6	6	6*	6	6	6*	6	6	6	6	6*	6*	6	6	6	

Module Title	Module Code By Level	A1	A2	A3	A4	A5	A6	A7	A8	A9	B1	B2	B3	B4	B5	B6	B7
The Emerging Dance Artist	DAN1411	X	X	X		X			X		X	X			X	X	
Theorising Performance and Practice	DAN2511	X				X			X	X					X	X	X
Dance Techniques and Performance	DAN2522	X	X							X	X						
Creativity and Enterprise	DAN2533	X	X						X	X		X	X			X	X
Dance Science	DAN2544	X		X					X	X				X	X		X
Applied Professional Practices	DAN3611	X				X			X	X					X	X	X
Dance Technique (Performance)	DAN3623	X	X	X							X	X					
Dance Technique (Practices)	DAN3624	X	X	X							X						
Directed Performance	DAN3622	X	X	X							X	X					
Creative Performance	DAN3633	X	X	X							X	X					
Collaborative Practices	DAN3644	X	X						X	X		X	X			X	
Choreographic Research Project	DAN3699*	X	X			X		X	X			X	X		X	X	
Teaching Safe Dance Practice	DAN3666	X		X					X	X	X			X		X	
Dance Science Project	DAN3677*	X			X	X			X	X				X	X	X	X
Dancing Research	DAN3688	X				X	X		X	X					X	X	X

\*re: exit awards