

Mr John Gilchrist
Freedom of Information Officer

28 June 2019

Ref: FOI/May 2019/ Poppy Danby

By email to poppy.danby@mirror.co.uk

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Dear Ms Danby

Your request for information received on 29 May 2019 has been dealt with under the provisions of the Freedom of Information Act 2000 (FOIA).

You asked:

I am seeking information about the mental health of students at your university.

Please could you provide a list of:

- 1) What mental health provisions the university currently has in place.
- 2) How much the university has spent on mental health each year for the past three years.
- 3) How many students have approached the university's student support services for support to deal with the following issues:
 - 3.1) self harm
 - 3.2) eating disorders
 - 3.3) stress/anxiety/depression
 - 3.4) drug or alcohol issues
 - 3.5) Suicidal thoughts
 - 3.5) Mental health issues not included in questions 3.1-3.4
- 4) The number of confirmed student suicides.

University Response

1) The University has in place a Counselling and Mental Health Service for students.

2)

	Budget
18/19	£434,025 (provisional)
17/18	£443,331
16/17	£356,096

3)

	2015/16	2016/17	2017/18	2018/19
3.1) <i>self harm (x)</i>	15	16	8	7
3.2) <i>eating disorders (L)</i>	5	8	>5	5
3.3) <i>stress/anxiety/depression (C & E)</i>	107	141	93	70
3.4) <i>drug or alcohol issues (D)</i>	6	>5	>5	>5
3.5) <i>Suicidal thoughts</i>				
3.5) <i>Mental health issues not included in questions 3.1-3.4 (J)</i>	9	10	7	6

The above is as close as we can map the categories from our diagnostic records to the categories you have provided. Students often have more than one issue so this may not be a true reflection of the main and/or specific issue an individual student may come to our service to seek appropriate support.

4) The University does not have access to coroner's reports and so are unable to confirm whether the small number of student deaths of which we have been made aware during the time period in the FOI request are indeed students who have suicided.

I trust this satisfies your request sufficiently. Under the Freedom of Information Act 2000, you have the right to complain about the University's response to your request for information. If you have such a complaint, you may contact Mr David Maplas, Director of Student Affairs, Middlesex University, Hendon campus, London NW4 4BT, tel: 020 8411 5830, d.malpas@mdx.ac.uk within 40 days of the date of this letter for a review of the University's decision. If you remain unsatisfied with the outcome of that complaint, you may seek further recourse by lodging an appeal with the Information Commissioner.

Yours sincerely

John Gilchrist

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