Dear Ms Collins

Your request for information received on 13 February 2018 has been dealt with under the provisions of the Freedom of Information Act 2000 (FOIA).

You asked:

I am looking to find out as much detail and information as possible on the mental health support offered by the University to its students. Specifically, my questions are as follows:

1. How much has the university spent on mental health provisions for students and staff in the academic years 2014/15, 2015/6 and 2016/17?
2. How many students have accessed or requested mental health support in the academic years 2014/15, 2015/6 and 2016/17?
3. How many students have requested, but been unable to access support in the academic years 2014/15, 2015/6 and 2016/17?
4. How many staff have accessed or requested support in the academic years 2014/15, 2015/6 and 2016/17?
5. How many staff have requested, but been unable to access support in the academic years 2014/15, 2015/6 and 2016/17?
6. How many students have dropped out of or deferred their courses due to mental health issues in the academic years 2014/15, 2015/6 and 2016/17?
7. How many students have applied for mitigating circumstances to university assessments or exams in the academic years 2014/15, 2015/6 and 2016/17?
University Response

1. Spending on students:

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014/15</td>
<td>£208,821</td>
</tr>
<tr>
<td>2015/16</td>
<td>£236,229</td>
</tr>
<tr>
<td>2016/17</td>
<td>£346,852</td>
</tr>
</tbody>
</table>

Spending on staff:

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>2014/15</td>
<td>£11,070 (data from May 2015)</td>
</tr>
<tr>
<td>2015/16</td>
<td>£13,875</td>
</tr>
<tr>
<td>2016/17</td>
<td>£11,875</td>
</tr>
</tbody>
</table>

It should be noted that there may be additional spending on staff when they are referred to the Occupational Health service for stress related conditions.


3. We do not record this information, so we do not hold the data you have requested.


5. We do not hold this data. The nature of the Employee Assistance Programme is that staff can access it 24/7 and will be assessed by a counsellor by telephone initially.

6. We have two categories of students in our withdrawn data; those who are withdrawn by the university and those that choose to withdraw.

   The latter are offered the ‘exit interview’ or ‘reason for leaving’ survey. This is not done as a structured question list but as a guide for our Progression and Support team to steer the conversation with these students. The student may choose to site the reason they are leaving and for it to be specific e.g. mental health issues but this is not compulsory, and we do not label or categorise the outcome. Moreover the ‘exit interview’ or ‘reason for leaving’ survey is not compulsory as of itself, so we simply do not hold this data.

7. 2016/17 887 2015/16 581 2014/15 our management system for this activity was launched in May 2015 and does not hold legacy data prior to this date.

I trust this satisfies your request sufficiently. Under the Freedom of Information Act 2000, you have the right to complain about the University’s response to your request for information. If you have such a complaint, you may contact Mrs Teresa Kelly, Clerk to the Board of Governors, Middlesex University, Hendon campus, London NW4 4BT, tel: 020 8411 6018, t.kelly@mdx.ac.uk within 40 days of the date of this letter for a review of the University’s decision. If you remain unsatisfied with the outcome of that complaint, you may seek further recourse by lodging an appeal with the Information Commissioner.

Yours sincerely

John Gilchrist
Freedom of Information Officer