

Mr John Gilchrist
Freedom of Information Officer

8 May 2019

Ref: FOI/April 2019/ William Cowie

By email to COWIEW@parliament.uk

The Burroughs
Hendon
London
NW4 4BT
United Kingdom

Tel: +44 (0)20 8411 4061
e-mail:
j.gilchrist@mdx.ac.uk
www.mdx.ac.uk

Dear Mr Cowie

Your request for information received on 11 April 2019 has been dealt with under the provisions of the Freedom of Information Act 2000 (FOIA).

You asked:

I am deeply concerned as to the state of mental health services in universities in the United Kingdom.

I therefore request the following information:

1. The amount of funding spent by your university on mental health services in each of the last five years.
2. The number of a) counsellors b) other clinical staff employed or engaged by your university in each of the last five years.
3. The average waiting times and longest wait for a) counselling b) other mental health services at your university in each of the last five years.
4. The number of students referred to counselling by in-house services at your university in each of the last five years.
5. The number of students enrolled at your university in each of the last five years.

University Response

1.

	Budget
18/19	£434,025 (provisional)
17/18	£443,331
16/17	£356,096
15/16	£228,549
14/15	£216,661

2.

2018/19

Student Mental Counselling and Health Manager 1FTE
Mental Health Advisors 2FTE
Counsellor 3.15FTE
Counselling Psychologist 1FTE
Wellbeing Services Administrator 1FTE
Associate Training Counsellor - Voluntary 7

2017/18

Student Mental Counselling and Health Manager 1FTE
Mental Health Advisors 2FTE
Counsellor 3.15FTE
Counselling Psychologist 1FTE
Wellbeing Services Administrator 1FTE
Associate Training Counsellor - Voluntary 0
Psychiatrist - 90 hours 0.05FTE

2016/17

Student Counselling and Mental Health Manager – 1FTE
Mental Health Advisor – 2FTE – 2 people
Counsellors – 3.14FTE – 6 people
Counselling Psychologist – 1FTE – 1 person
Consultant Psychiatrist – 90 pa – vacancy
Associate training counsellors – 2 FTE – 2 people (voluntary)
In addition, we use Barnet Mind Matters (IAPT) to support our students on day a week (not employed but hosted by the university).

2015/16

Student Mental Health Manager – 1FTE – 1 person
Counsellors – 3.14FTE – 6 people
Associate training counsellors – 2 FTE – 2 people (voluntary)

2014/15

Student Mental Health Manager – 1FTE – 1 person
Counsellors – 3.14FTE – 6 people
Associate training counsellors – 2 FTE – 2 people (voluntary)

3. We do not record specific waiting times for individual students seeking treatment however we aim that students wait no longer than 4 weeks between their referral and being seen by a Counselling and Mental Health Specialist. This is a significant improvement on previous academic years when the wait was 12 weeks at peak times.

4.

- 2014/15: 468
- 2015/16: 585
- 2016/17: 689
- 2017/18: 753
- 2018/19: 770 (to date of request)

5. This information is available from HESA, specifically: <https://www.hesa.ac.uk/data-and-analysis/students/where-study>

I trust this satisfies your request sufficiently. Under the Freedom of Information Act 2000, you have the right to complain about the University's response to your request for information. If you have such a complaint, you may contact Mr David Maplas, Director of Student Affairs, Middlesex University, Hendon campus, London NW4 4BT, tel: 020 8411 5830, d.malpas@mdx.ac.uk within 40 days of the date of this letter for a review of the University's decision. If you remain unsatisfied with the outcome of that complaint, you may seek further recourse by lodging an appeal with the Information Commissioner.

Yours sincerely

John Gilchrist
Freedom of Information Officer