

Mr John Gilchrist
Freedom of Information Officer

2 May 2018

Ref: FOI/March 2018/ Grace Wong

By email to Grace.Wong@bbc.co.uk

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Dear Ms Wong

Your request for information received on 27 March 2018 has been dealt with under the provisions of the Freedom of Information Act 2000 (FOIA).

You asked:

Please see my request for the information below which I'm submitting as a formal request under the Freedom of Information Act 2000 ("Fol").

Could you please provide information for each year from 2012 to 2018 for the following:

1. Number of staff assigned to assist students with mental health issues or working within mental health in pastoral care departments – please break down numbers of staff by job type eg therapist/counsellor
2. Details of the number and nature of university services to help students with mental health issues ie counselling, psychologist, therapists, peer support
3. Budgets for providing mental health support for students
4. Numbers of students seeking support for mental health issues - how many students were still waiting to get treatment for mental health issues at year end and how many accessed treatment during the year
5. How long on average a student had to wait before they were able to access help

6. Please supply the following demographic information for students seeking help - I have no interest in identifying individuals but would like the total number of students within each category if it is not too small to examine potential trends:

- A. Gender – male, female, other, trans
- B. Age
- C. Year of study ie first year, second year
- D. Course type ie undergrad, masters, PhD
- E. Was the student from a state school?
- F. Socio-economic background

University Response

1. 2012/13

Head of Student Welfare and Counselling – 1FTE – 1 person
Counsellors – 3FTE – 6 people

2013/14

Head of Student Welfare and Counselling – 1FTE – 1 person
Counsellors – 3FTE – 6 people

2014/15

Student Mental Health Manager – 1FTE – 1 person
Counsellors – 3.14FTE – 6 people
Associate training counsellors – 2 FTE – 2 people (voluntary)

2015/16

Student Mental Health Manager – 1FTE – 1 person
Counsellors – 3.14FTE – 6 people
Associate training counsellors – 2 FTE – 2 people (voluntary)

2016/17

Student Counselling and Mental Health Manager – 1FTE
Mental Health Advisor – 2FTE – 2 people
Counsellors – 3.14FTE – 6 people
Counselling Psychologist – 1FTE – 1 person
Consultant Psychiatrist – 90 pa – vacancy
Associate training counsellors – 2 FTE – 2 people (voluntary)
In addition, we use Barnet Mind Matters (IAPT) to support our students on day a wee (not employed but hosted by the university).

2017/18

Student Mental Counselling and Health Manager 1FTE
Mental Health Advisors 2FTE
Counsellor 3.15FTE
Counselling Psychologist 1FTE
Wellbeing Services Administrator 1FTE
Associate Training Counsellor - Voluntary 0
Psychiatrist - 90 hours 0.05FTE

2. The University has a Counselling and Mental Health Service to provide the support outlined in the question.

3.

	Budget
17/18	£443,331 (provisional not actual)
16/17	£356,096
15/16	£228,549
14/15	£216,661
13/14	£255,071
12/13	£123,406

4. We did not begin to properly record this data until 2013/14 but for the data we do hold:
- 2013/14: 354
 - 2014/15: 468
 - 2015/16: 580
 - 2016/17: 617
 - 2017/18: 684 to date of request
5. We do not record specific waiting times for students seeking treatment so we do not hold the information you have requested.
- 6.
- 178 identified as Female, 54 Male and 76 did not know.
 - 111 identified as year 1, 55 year 2, 55 year 3 and 87 not known.
 - 192 identified as UG, 31 Master and 6 PHD and 79 not known.
 - We do not collect data on Age.

I trust this satisfies your request sufficiently. Under the Freedom of Information Act 2000, you have the right to complain about the University's response to your request for information. If you have such a complaint, you may contact Mrs Teresa Kelly, Clerk to the Board of Governors, Middlesex University, Hendon campus, London NW4 4BT, tel: 020 8411 6018, t.kelly@mdx.ac.uk within 40 days of the date of this letter for a review of the University's decision. If you remain unsatisfied with the outcome of that complaint, you may seek further recourse by lodging an appeal with the Information Commissioner.

Yours sincerely

John Gilchrist
Freedom of Information Officer