



# ‘Real Rapes’ or ‘Good Cases’?: Police Officers’ Perceptions of Reported Rape Cases

MIDDLESEX SEXUAL VIOLENCE CONFERENCE  
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# Introduction and Background



- Research project on rape attrition – loss of cases from the criminal justice process
- Attrition rate problematic in all UK jurisdictions
- Most attrition happens at the earliest stages of justice process i.e. policing (Harris & Grace, 1999; Lea et al, 2003)
  - victim withdrawal
  - decision by police that case is false or problematic
- Project is exploring in depth what contributes to attrition in all stages of the criminal justice process
  - Data presented here specifically refers to the policing element of the research being conducted

# Background



- ‘Real rape’ (Estrich, 1987)
  - stranger assault – no prior relationship
  - public place
  - victim resistance
  - violence/evidence of force
- Evidence suggests stereotypes & myths inform how police officers & criminal justice personnel deal with rape – a ‘culture of scepticism’ (Kelly et al, 2005) when cases do not conform to the ‘real rape’ stereotype
- Negative experience for victim influences withdrawal (Jordan, 2001; Kelly, Lovett & Regan, 2005; Temkin, 1997;1999)
- Rape victims aware of having to ‘convince’ the police of the truthfulness and legitimacy of their experience (McMillan & Thomas, 2009)



# Design and Methods



- Large-scale Economic & Social Research Council (ESRC) funded study (Res-061-23-0138)
- Mixed methods – qualitative & quantitative
- This paper focuses on police interviews
  - 40 qualitative interviews with police officers
  - 13 SOLO officers – 7 female, 6 male
  - 27 detectives – 7 female, 20 male
  - Age ranged from 22 to 52
  - Between 2 and 28 years service
  - Transcribed verbatim
  - Analysed systematically using Nvivo



# Real Rapes or Good Cases?



- Officers did talk about ‘real rapes’ but acknowledged they were infrequent: *... you’ve got your stranger rapes where you’ve got a genuine person dragged off the street and raped, which doesn’t happen very often.* (Senior Female Detective)  
*I would say, a proper stranger rape is more or less unheard of.* (Female SOLO Officer)
- More pertinent to the everyday policing of rape was the notion of a ‘good’ or a ‘bad’ case – officers used language such as ‘good jobs’ or ‘runners’
- Further exploration of these concepts revealed a ‘good case’ has 2 elements:
  - features of the victim
  - features of the incident & assault

# A 'Good Case' - Victim



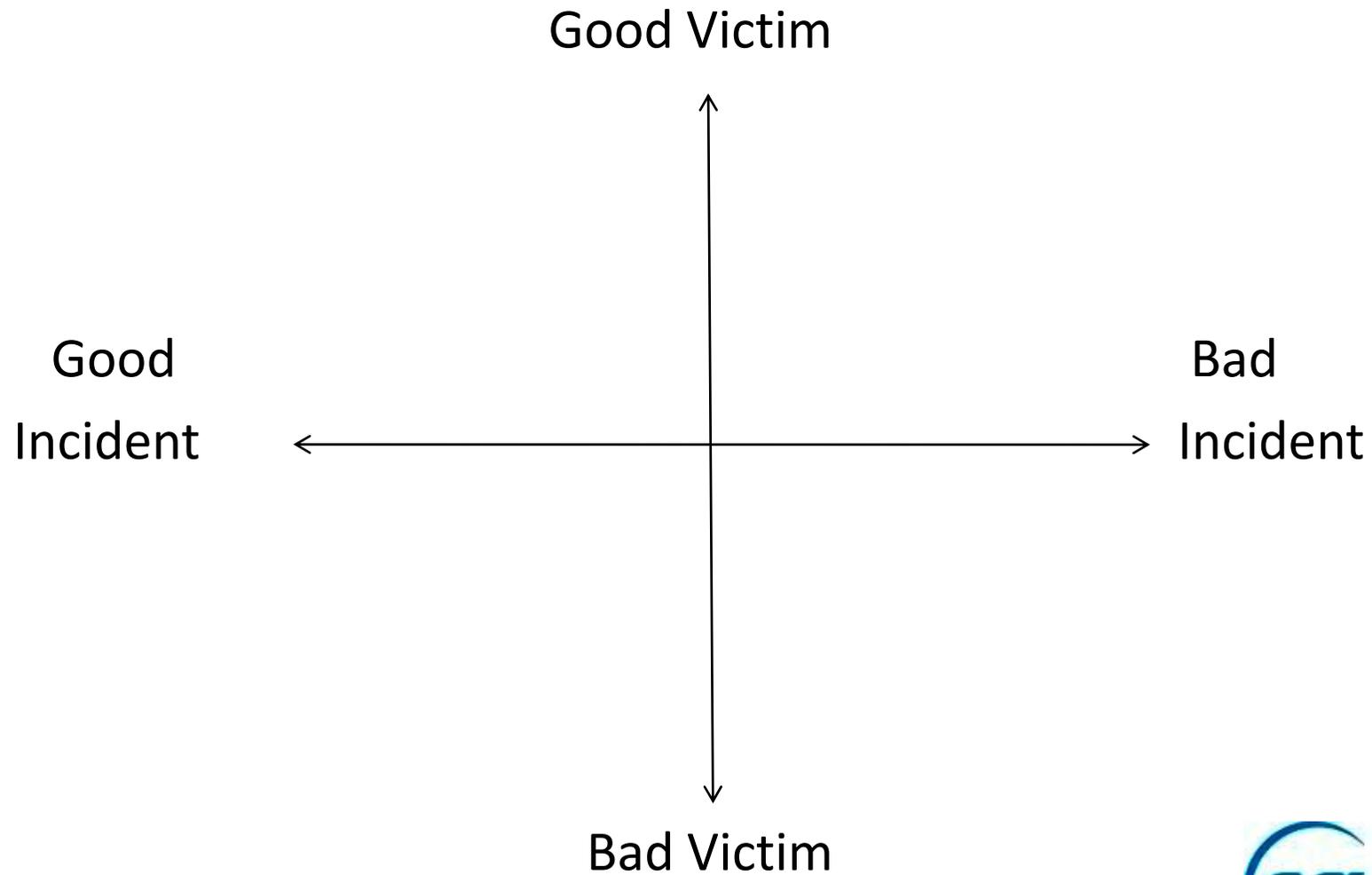
- Features of the 'good victim':
  - sober – no alcohol or drugs & if present, not self-administered
  - 'sane' i.e. no mental health issues
  - no previous reports/victimisation esp. sexual
  - not 'known to the police'
  - articulate & able to provide a consistent and detailed account (class-based)
  - consents to a medical examination
  - reports in a timely manner
  - compliant (turns up, responds to correspondence etc.)
  - stereotypical emotional presentation i.e. "feminine"

# A 'Good Case' - Incident



- Features of the 'good case' – incident:
  - corroborating evidence (CCTV, witness statements, forensic evidence etc.)
  - absence of alcohol & especially not in an alcohol-consuming situation
  - no socio-sexual contact, or suggestion of, prior to assault (not necessarily a stranger)
  - physical injuries consistent with account (though not necessarily a high level of violence)
  - age differences between perpetrator/victim

# 'Good Case' Model



# Discussion



- Some of the features of a 'good case' are the same as a 'real rape' but not exclusively
  - Doesn't have to be a stranger; it can be an acquaintance
  - Can be a good case but not have high levels of violence or injury
- Officers more likely to think of a 'good case' & not a 'real rape'
  - A 'good case' is more complex and not all features have to be present – absence of one or some features doesn't stop it being a 'good case' (i.e. victim delayed reporting, but told others etc.)
  - A significant difference to real rape which is a more restricted definition

# Conclusion



- Police are outcome focussed – for them a ‘good case’ is one that results in a ‘good outcome’ – this means charge and conviction
- It is possible to have a ‘real rape’ but not a ‘good case’ - i.e. a stranger case with no suspect, or a victim with mental health problems, or so traumatised she cannot provide a good account
- Police second guess later stages of CJ Process i.e. Crown Prosecutors/Court/Jury therefore some cases not deemed to be ‘good’ may be closed prematurely contributing to the problem of attrition