

Programme Specification



1. Programme title	BSc Psychology with Counselling Skills
2. Awarding institution	Middlesex University
3. Teaching institution	Middlesex University
4. Programme accredited by	British Psychological Psychology
5. Final qualification	Bachelor of Science
6. Academic year	2009-10
7. Language of study	English
8. Mode of study	FT, TKS, PT

9. Criteria for admission to the programme

280 UCAS points or equivalent. Maths and English GCSE; those without GCSE may take in-house test to establish equivalence. Overseas students should have IELTS = 6.5 or equivalent.

10. Aims of the programme

The programme aims to:

- Provide a sound knowledge of psychology & counselling skills appropriate to future professional work;
- Introduce the broad range of theoretical & methodological approaches to psychology & counselling;
- Encourage students to develop a critical approach to their studies, evaluating theory & evidence accordingly;
- Equip students to communicate effectively in written & numerical forms;
- Encourage independent & experiential learning, the development of oral communication skills, and the capacity for independent work;
- Maintain wide access to study for students with suitable qualifications or experience;
- Provide a grounding in all areas of psychology and counselling such that students may progress onto

postgraduate training and education in psychology, counselling or psychotherapy;

- Provide students with excellent graduate skills.

11. Programme outcomes	
<p>A. Knowledge and understanding</p> <p>On completion of this programme the successful student will have knowledge and understanding of:</p> <p>A1 The main theoretical approaches to psychology;</p> <p>A2 An understanding of the fundamentals of psychological research design and analysis;</p> <p>A3 Detailed knowledge and understanding of findings and debates in biological psychology;</p> <p>A4 Detailed knowledge and understanding of findings and debates in developmental psychology;</p> <p>A5 Detailed knowledge of findings and debates in cognitive psychology including the areas of perception, learning, memory, language and thinking;</p> <p>A6 Detailed knowledge and understanding of findings and debates in social psychology;</p> <p>A7 Detailed knowledge and understanding of findings and debates in individual differences in psychology;</p> <p>A8 Detailed knowledge and understanding of findings and debates in conceptual and historical issues in psychology;</p> <p>A9 Detailed knowledge and understanding of findings and debates in psychology of mental health and well-being;</p>	<p>Teaching/learning methods</p> <p>Students gain knowledge and understanding through attendance & participation in teaching sessions and independent research (with tutor support).</p> <p>Assessment Method</p> <p>Students' knowledge and understanding is assessed by examinations (MCQ, essay, short-answer), essays, article reviews, practical reports, and dissertation work</p>

<p>A10 Detailed knowledge of the main theoretical approaches, conceptual issues and research evidence relating to the practice of counselling.</p>	
<p>B. Cognitive (thinking) skills On completion of this programme the successful student will be able to:</p> <p>B1 Apply multiple perspectives to areas within psychology and counselling;</p> <p>B2 Integrate perspectives in psychology, counselling and mental health;</p> <p>B3 Identify & evaluate patterns of behaviour & psychological functioning;</p> <p>B4 Formulate & explore research questions.</p>	<p>Teaching/learning methods Students learn cognitive skills through class discussion and lecturer feedback.</p> <p>Assessment Method Students' cognitive skills are assessed by: examinations (MCQ, essay, short-answer), essays, practical reports, and dissertation work.</p>

<p>C. Practical skills On completion of the programme the successful student will be able to:</p> <p>C1 Perform quantitative & qualitative data analyses</p> <p>C2 Use statistical software to analyse data</p> <p>C3 Design, implement, analyse and communicate independent and group project work;</p> <p>C4 Demonstrate effective written and oral communication enabling students to formulate and sustain a coherent argument;</p> <p>C5 Use literature search software to gather and evaluate academic work;</p> <p>C6 Use experimental software to design and run experiments</p> <p>C7 Use psychophysiological equipment to gather and interpret data</p> <p>C8 Demonstrate interpersonal and counselling skills</p>	<p>Teaching/learning methods Students learn practical skills through presenting their ideas in written & oral form & participation in practical classes.</p> <p>Assessment Method Students' practical skills are assessed by practical reports and a final year dissertation.</p>
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<p>D. Graduate Skills*</p> <p>On completion of this programme the successful student will be able to demonstrate:</p> <p>D1 Quantitative Reasoning D2 Written Communication D3 Oral Communication D4 ICT Skills D5 Career Planning D6 Information Finding D7 Team-working D8 Self-reflection</p>	<p>Teaching/learning methods</p> <p>Students acquire graduate skills through practical work and the structured opportunities for learning offered by assessment schemes.</p> <p>Assessment method</p> <p>Students' graduate skills are assessed by a portfolio and learning diary in year 1 and year 3.</p>
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12. Programme structure

12. 1 Overall structure of the programme

Year 1

PSY1011
Foundation
Psychology
(30 Credits)

PSY1012
Psychology
Skills &
Methods
(60 Credits)

PSY1015
Foundation
Counselling
Skills
(30 Credits)

Year 2

PSY2012
Individual
Differences
& Conceptual
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PSY2004
Research &
Ethics in
Psychology
(30 credits)

PSY2013
Biological &
Cognitive
Psychology
(30 Credits)

PSY3011
Social &
Developmental
Psychology
(30 credits)

PSY3017
Mental
Health &
Consciousness

PSY3330
Psychology
Dissertation
(30 Credits)

PSY3012
Lifespan
Psychology
(30 credits)

PSY3019
Counselling
Skills &
Theory
(30 credits)

Final Year

Students on a 4-year TKS programme take a 120 credit placement module (PSY3004) in their third year.

12.2 Levels and modules		
Level 1		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: PSY1011 PSY1012 PSY1013	N/A	PSY1011>PSY2012 PSY1012>PSY2004 PSY1012>PSY2013 PSY1012>PSY3011
Level 2		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: PSY2004 PSY2012 PSY2013	N/A	PSY2004>PSY3330 PSY2012>PSY3012 PSY2012>PSY3017 PSY2012>PSY3019 PSY2004>PSY3004 (TKSW)
Level 3		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: PSY3011 PSY3012 PSY3017 PSY3019 PSY3330	Students may take PSY3004 as part of a 4-year TKSW programme.	PSY3004>PSY3330 (TKSW)

12.3 Non-compensatable modules	
Module level	Module code
<i>All modules on the programme are non-compensatable due the nature of programme outcomes and requirements for professional accreditation.</i>	

13. Curriculum map

See attached.

14. Information about assessment regulations

PSY Modules require a pass in all components.

15. Placement opportunities, requirements and support.

Placement opportunities are available to study psychology in the work place. These can be achieved either through full-time year-long study in year three of a four year degree or on a part-time basis alongside other study units in the final year of study. Please visit the Placement Office for more details.

16. Future careers

Graduates with a Lower Second Classification (or better) will be eligible to apply for BPS accredited Masters & Doctoral programmes leading to careers as a Psychologist. Graduates will also be able to progress to postgraduate trainings leading to accredited status as a Psychotherapist or Counsellor.

17. Particular support for learning

The Department of Psychology has extensive laboratory and workshop facilities.

- Two computer laboratories
- Group work laboratory
- Psychophysiology laboratory
- Suite of observation laboratories
- Virtual reality lab
- Ten testing cubicles/counselling practice rooms

These facilities are maintained by three psychology technicians.

18. JACS code (or other relevant coding system)

C800

19. Relevant QAA subject benchmark group(s)

Psychology

20. Reference points

The following reference points were used in designing the Programme:

- QAA Subject Benchmark Statement for Psychology

- BPS Qualifying Examination Syllabus
- BPS GQAC Quality Assurance Policies and Practice for First Qualifications in Psychology
- BACP Ethical Framework
- University Learning and Teaching Policies and Strategy
- Student Feedback
- External Examiner Feedback

21. Other information

BPS accreditation requirements:

- broad coverage of the qualifying syllabus
- staff-student ratio lower than 20:1

Please note programme specifications provide a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve if s/he takes full advantage of the learning opportunities that are provided. More detailed information about the programme can be found in the rest of your programme handbook and the University Regulations.

Curriculum map for BSc Psychology with Counselling Skills

This section shows the highest level at which programme outcomes are to be achieved by all graduates, and maps programme learning outcomes against the modules in which they are assessed.

Programme learning outcomes

Knowledge and understanding		Practical skills	
A1	The main theoretical approaches to psychology and counselling.	C1	Perform quantitative & qualitative data analyses.
A2	An understanding of the fundamentals of psychological research design & analysis.	C2	Use statistical software to analyse data.
A3	Detailed knowledge & understanding of findings & debates in biological psychology	C3	Design, implement, analyse and communicate independent and group project work.
A4	Detailed knowledge & understanding of findings & debates in developmental psychology	C4	Use literature search software to gather and evaluate academic work.
A5	Detailed knowledge of findings & debates in cognitive psychology including the areas of perception, learning, memory, language & thinking	C5	Use experimental software to design and run experiments.
A6	Detailed knowledge & understanding of findings & debates in social psychology	C6	Use psychophysiological equipment to gather and interpret data.
A7	Detailed knowledge & understanding of findings & debates in conceptual & historical issues in psychology	C7	Demonstrate interpersonal and counselling skills.
A8	Detailed knowledge & understanding of findings & debates in the psychology of mental health & well-being		
A9	Detailed knowledge of the main theoretical approaches, conceptual issues & research evidence relating to the practice of counselling		
Cognitive skills		Graduate Skills	
B1	Apply multiple perspectives to areas within psychology & counselling;	D1	Quantitative Reasoning
B2	Integrate perspectives in psychology, counselling & mental health	D2	Written Communication
B3	Identify & evaluate patterns of behaviour & psychological functioning	D3	Oral Communication
B4	Formulate & explore research questions.	D4	ICT Skills
		D5	Career Planning

		D6	Information Finding
		D7	Team-working
		D8	Self-reflection

Programme outcomes																											
A1	A2	A3	A4	A5	A6	A7	A8	A9	B1	B2	B3	B4	C1	C2	C3	C4	C5	C6	C7	D1	D2	D3	D4	D5	D6	D7	D7
Highest level achieved by all graduates																											
3	3	2	3	2	3	3	3	3	3	3	3	3	3	3	3	2	2	3	3	3	3	3	3	3	3	3	3

Module Title	Module Code by Level	Programme outcomes																															
		A1	A2	A3	A4	A5	A6	A7	A8	A9	B1	B2	B3	B4	C1	C2	C3	C4	C5	C6	C7	D1	D2	D3	D4	D5	D6	D7	D8				
Foundation Psychology	PSY1011	X		X	X	X	X	X	X				X													X	X		X		X		
Psychology Skills & Methods	PSY1012		X								X		X	X	X	X	X	X				X	X	X	X			X	X		X	X	
Foundation Counselling Skills & Theory	PSY1015	X					X			X			X					X			X		X	X		X	X	X	X		X	X	
Research Methods & Ethical Issues in Psychology	PSY2004		X								X	X	X	X	X	X	X	X				X	X		X		X						
Individual Differences & Conceptual Issues in Psychology	PSY2012	X	X					X			X	X	X		X		X	X				X	X	X		X	X						
Biological & Cognitive Psychology	PSY2013		X	X		X					X		X		X	X	X		X	X		X	X		X		X	X					
Social & Developmental Psychology	PSY3011		X		X		X				X	X	X	X	X	X	X					X	X		X		X	X					
Lifespan Psychology	PSY3012			X		X					X	X	X	X					X							X							
Mental Health, Well-being & Consciousness	PSY3017			X		X		X		X	X	X	X						X						X								
Counselling Skills & Theory	PSY3019	X						X		X	X	X	X						X			X		X	X		X	X					
Research Dissertation in Psychology	PSY3330		X							X	X	X	X	X	X	X	X	X				X	X		X		X						
Psychology Placement	PSY3004																	X								X		X		X		X	X

