My Careers Match

Which Careers Match Your Skills?
What is My Careers Match?

• It is a *Personality Assessment tool* that gives a young person an understanding of their skills and qualities

• It tells them their ‘personality type’ and what values they would bring to a job

• Each person is unique, but we all share some common characteristics that group us into certain personality types
What are the benefits of a Personality Assessment

- Many young people don’t know what they want to do
- A useful tool to develop self-awareness and provide some guidance
- Guides young people towards occupations/sectors that suit them, not what someone else thinks they should do
- The report presents career options that they may not have considered
- Increases a young person’s self-confidence
- Feels exciting to know a bit more about themselves!
Shortcomings of a Personality Assessment

- Young people have very little self-awareness and might not select most appropriate answers
- Result: misleading personality report which YP can hold onto
- Do career search in inappropriate sectors
- Time constraint: answers not well thought through
- May need assistance from an adult (parent, older sibling, teacher)
  - To carry out assessment
  - To interpret report
There are 4 personality types, we call these DOMINANT styles, and there are 16 combinations and you will be one of these.
How does it work?

• You complete an online survey
• It asks you a series of questions
• Based on your answers it will give you an idea of what your personality type is
• This personality type will be more suited to certain careers
• You will then be able to see what career options may be worth exploring

Remember

✓ This is not a test so you can’t pass or fail
✓ There are no right or wrong answers
✓ Just tell us about yourself
✓ The more truthful you are, the more accurate the report is
✓ Don’t give answers to please someone else
✓ Sometimes you’ll find it hard to choose which is most and which is least like you.
✓ This is about YOU!
Careers Match / Discover Me

• It’ll take you around 10-15 minutes
• There are two assessments one short and one long depending on your time
• When asked at the end, input code **MYM:2**
• Results will be sent directly to your email
• Your results will reveal:
  – Suitable sectors and careers
  – Your strengths and qualities
  – The next steps
  – A good foundation for a CV

Careers Match (32 questions):
http://www.mycareercourse.co.uk/mdx/
Discover Me (16 questions):
http://www.mycareercourse.co.uk/makeyourmark/default.asp
Your Careers Match – what you’ll see

Profile Questionnaire - Section 1/4
Here we go Nikki, this is the first of a total four sections. Remember there are no wrong answers so relax, take your time and answer truthfully.

(select one 'Most' like you and one 'Least' like you from each group)

<table>
<thead>
<tr>
<th>Group 1</th>
<th>I would describe myself as:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Most</td>
</tr>
<tr>
<td></td>
<td>Strong minded</td>
</tr>
<tr>
<td></td>
<td>Bubbly</td>
</tr>
<tr>
<td></td>
<td>Kind</td>
</tr>
<tr>
<td></td>
<td>Precise</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Group 2</th>
<th>If you were making a movie would you be:</th>
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<tbody>
<tr>
<td></td>
<td>Most</td>
</tr>
<tr>
<td></td>
<td>The Star - the leading actor</td>
</tr>
<tr>
<td></td>
<td>The Director - telling everyone what to do</td>
</tr>
<tr>
<td></td>
<td>The Designer - designing the sets and costumes</td>
</tr>
<tr>
<td></td>
<td>The Cinematographer - filming the movie</td>
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</tbody>
</table>
You’ll find out where you fall based on the answers you put in as an example you might be a supporter.
Congratulations!
you are a Supporter

Well done on completing the questionnaire. The answers you gave tell us that you are a SUPPORTER.

As a Supporter you enjoy helping and working with other people. You are a friendly person who makes decisions based on people you trust and like. You are a great listener and are good at solving problems the easy uncomplicated way. You like to consider all your options and won't make a decision until you've done this. You are a practical person who likes to get on with it but resist being pressured into making a decision until you've had time to think about it.
About you

Supporter Analysers are caring people who accept others for who they are. You are easy to talk to and a great listener. You'll help others even if you don't have the time. Your engaging behaviour makes you a friendly, thoughtful person who has good relationships with people. You like it when people work together and get along with each other. You are patient and a wonderful team player. Your loyalty and dependability are your strengths.

You like to follow rules and do things in a logical way. You are cautious, and you don't like to be pressured. You won't rush into making a decision instead you like to check things out and think about it first. But if you say you'll do something, you do it. You will stick with something, as long as it works; in fact, you continue doing it until you are an expert at it. You are curious and you tend to be proper, organised and creative. You can be a bit quiet but you have strong opinions that help you make decisions. You enjoy being alone where you can read and have time yourself or with your pets. You are something of an inventor. Your talent to think things through makes you great at solving problems. It also helps you to come up with interesting ideas.

You demand the best from yourself, and this can be tough on you because you want things to be just right. You enjoy being a specialist. As a child, your school report probably said 'punctual and quiet, helpful and kind'.

Words that describe you...

Patient
Loyal
Even Tempered
Considerate
Kind
Easy going
Trustworthy
Likeable
...

What we admire about you...

You have strengths that other people recognise. Here are some of those that make you who you are and are valued by others.

- You are a caring person
- You want to know what to expect
- You don't want to rush into decisions

Things you like...

- To work with people who get along
- To work on one thing at a time
- To finish what you start
- To have things stay the same
- To know what will happen next
- To be around people who appreciate you
- To do things you know you're good at
- To give practical ideas and suggestions

Things you are good at...

- Being honest
- Being calm
- Being loyal
- Enjoying time with friends
- Seeing an easier way of doing things
- Being reliable
- Being a team player
- Solving problems
- Organising projects or events
- Being dependable

You'll be given some information about your personality type including words that best describe you and the things you're good at.
Here's an example of some careers that are suited to someone who completes the assessment and is advised they are a supporter.

Community Services

Healthcare

Administration

Logistics

Environment
Some career options for a Supporter

- Healthcare is about care, support and rehabilitation of people including diagnosing and treating, health promotion and advice, medical research and testing and working with healthcare professionals.

- Transport and logistics is about operating vehicles, ships, trains or aeroplanes, servicing, maintaining and operating specialised equipment and arranging purchase, sale, storage and transportation of goods.

- Environmental health officers assess risk and develop, regulate, enforce and monitor laws and regulations in order to promote good human health and environmental practices.
Have a go for yourself and see what career options are best suited to you!
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Don’t forget: input code **MYM:2**

It’ll take you around 10-15 minutes
Discussion

- Do you agree or disagree with your report?
- What are your thoughts on the validity of this assessment?