Preparation for university interview: Health and Care Professions
What we will cover today:

• Before the Interview
• Numeracy and Literacy Tests
• The Interview (including STAR, transferable skills, and work experience)
• Mini Multiple Interview
• What to expect on the course/career
• Placement Locations
• Career Prospects
Before the Interview

The bits you must know
UCAS Application

a) Personal Statement

b) Qualifications

- GCSE Maths & English = Grade C+ or 4
- Key Skills L2 & Functional L2 (Learn direct)

To work as a nurse in the UK, you must be registered with the Nursing & Midwifery Council (NMC).

BTEC 112 UCAS Points = DMM
Access courses: FULL, 60 Credits (45 at Level 3, Merits and above) (15 at Level 2)

All Nursing & Midwifery applicants will have to attend an interview if your application is successful.
The Panel Interview
The Interview

Panel:
2-3 people
a) Lecturer
b) Clinician
The Interview

1) Passion: Why do you want to study the subject?

2) Research: We would recommend familiarising yourself with the main nursing or midwifery journals such as Nursing Standard, Nursing Times, British Journal of Midwifery or The Practising Midwife.

3) The Political landscape: Knowledge of new policies which affect the profession/changes to the NHS.

We strongly recommend that you prepare well for your interview.
We strongly recommend that you prepare well for your interview.

- Basic knowledge and awareness of midwifery or chosen field of nursing
- Awareness of contemporary issues in the NHS
- Able to demonstrate non-judgemental approach and cultural awareness
- Experience gained of caring for others
- Evidence of personal awareness, empathy and caring approach
- Evidence of personal awareness, empathy and caring approach
- Awareness of challenges during the course and coping strategies.
The Interview (Continued)

- Clear and coherent communication skills
- Time management skills
- Awareness of challenges during the course and coping strategies
- Awareness of a qualified nurse's role and responsibilities in the specified field, or awareness of a qualified midwife's role
- Knowledge of advantages and disadvantages of working in teams
Using STAR to answer interview questions

**STAR** stands for **S**ituation, **T**ask, **A**ction, **R**esult.

- Using STAR is particularly helpful in response to competency-focused questions.
- Ones that typically start out with phrases such as "Tell about a time when..." and "Share an example of a situation where..."
Example Question 1: Tell me about a time you had to complete a task under a tight deadline. Describe the situation, and explain how you handled it.

Example Answer 1: While I typically like to plan my work out in stages and complete it piece by piece, I can also achieve strong work results under a tight deadline. Once at a former company, an employee left days before a big project of his was due. I was asked to take it over, with only a few days to learn about and complete the project. I created a task force, delegated work, and we all completed the assignment with a day to spare. I think I tend to thrive under tight deadlines.
Talk about YOUR Transferable Skills

Transferable skills are those you may have developed during your pre-university studies, or work experiences. You will also develop these at university, in practice, at work and beyond:

- Delegation
- Listening
- Communication
- Analytics
- Research

- Leadership
- Motivation
- Time management
- Prioritisation
Nursing

Read this article *What’s wrong with resilience?* and consider the key messages. Think about how they may apply to you as a future student nurse. What have you learned from the article and is there anything you found surprising or of particular interest?


Prepare your response to this question prior to your interview: *What do you think are some of the key roles and responsibilities are of the qualified nurse in your chosen field?*

Imagine yourself working in a clinical area as a qualified nurse, hospital or community setting. What will be you be doing that you cannot do now? What skills will you have? What will be your responsibilities?
Midwifery

Read this Training for Resilience article and consider the key messages. Think about how they may apply to you as a future student midwife. What have you learned from the article and is there anything you found surprising?

https://www.mdx.ac.uk/__data/assets/pdf_file/0024/439602/Midwifery-Article.pdf

Prepare your response to this question prior to your interview: What do you think are some of the key roles and responsibilities are of the qualified midwife?

Imagine yourself working in a clinical area as a qualified midwife, hospital or community setting. What will be you be doing that you cannot do now? What skills will you have? What will be your responsibilities?
What is a Mini Multiple Interview?
What may happen!

• 5/8 minutes each

• 5/6 interviews in total

• 10 minute written assessment
The 6 C’s:

- Care
- Compassion
- Competence
- Communication
- Courage
- Commitment

MMI Interview Content

- Improving lives
- Compassion
- Commitment to quality care
- Everyone counts
- Working together for the patient
- Respect and Dignity
Group Task

Small groups – 20 minutes to practice and complete the worksheet

What Is being Assessed?

- Respect and Dignity
- Advocacy
- Compassion
- Working together, initiative, team working, problem solving
- Communication and interpersonal skills
- Honesty and Integrity
- Patient safety, professionalism, equality and diversity
What to expect:

• Nursing can be physically and emotionally demanding and requires the ability to manage stress and help others to manage their own feelings.

• Working patterns typically include unsocial hours, but there may be scope for working more regular hours depending on your role.
Career prospects

Career development is structured and with experience, there are opportunities to specialise in a range of hospital and community areas. These can include:

- Ambulatory Care;
- Asthma;
- Orthopaedics;
- Diabetes;
- Counselling;
- Continuing Care For Children With Special Needs;
- Work Within Young People's Units.

- Neonatal Intensive Care;
- Paediatric Oncology;
- Burns And Plastics;
- Cancer Care;
- Child Protection;
Useful Links:

• [http://www.mdx.ac.uk/](http://www.mdx.ac.uk/)

• [http://www.mdx.ac.uk/courses/undergraduate/nursing-degree-child-field](http://www.mdx.ac.uk/courses/undergraduate/nursing-degree-child-field)

• [http://www.mdx.ac.uk/courses/help-with-your-application/undergraduate-application/interviews/nursing](http://www.mdx.ac.uk/courses/help-with-your-application/undergraduate-application/interviews/nursing)

• [www.youtube.com](http://www.youtube.com):
  • Personal statements – Finding a formula
  • Studying nursing at Middlesex University
  • Choosing a career in nursing or midwifery
Any Questions?