



**Middlesex  
University  
London**



**CONTINUOUS  
PROFESSIONAL DEVELOPMENT**

**SOCIAL WORK**  
**2020/21**

# INTRODUCTION

We are proud to be named as the top modern university in the UK in the Times Higher Education Young University Rankings 2019. We have also been ranked third in London for Social Work in The Complete University Guide 2020.

Our academic staff and practitioners bring a wealth of experience and knowledge, and our long-standing and strong ties with local authorities, charities and independent agencies ensure our courses provide the most current policy and practice in social work.

We have developed a suite of modules to support continuous professional development within social work which can be studied as stand-alone modules or as part of one of the three post qualifying awards (subject to validation), namely:

- Postgraduate Certificate Advanced Social Work Practice (Practice Education) – upon successful completion of the two Practice Education modules
- Postgraduate Certificate in Advanced Social Work Practice [60 credits]
- Postgraduate Diploma Advanced Social Work Practice [120 credits]
- Master's Advanced Social Work Practice [180 credits].

Our programmes are delivered at our Hendon Campus which has been transformed into a state-of-the-art centre for excellence, with facilities and equipment that rival those of the world's top universities through an investment of more than £200 million over recent years.

We also run bespoke/tailored programmes for local authorities/independent agencies in local areas; please contact us for more information. All of our modules are aligned with the Knowledge and Skills Statements for Child and Family Social Work (Practitioner and where appropriate, Practice Supervisor level) and Adult Social Work.

## TEACHING EXCELLENCE FRAMEWORK

The University has been awarded Silver for our high-quality teaching in the country's Teaching Excellence Framework (TEF), the government scheme looking at how well students are taught at universities across the UK.

## APPLYING

In the first instance, please contact our dedicated Social Work CPD team by emailing [socialworkcpd@mdx.ac.uk](mailto:socialworkcpd@mdx.ac.uk) or calling +44 (0) 20 8411 4420.

Select from a number of 15 or 30 credit modules

Practice Education (Stage 1)  
Practice Education (Stage 2)

Best Interests Assessor  
Strengthening Mental Health  
Professional Supervision  
Critical Thinking and Analysis in Social Work  
Relationship Based Practice  
Assessed and Support Year in Employment

Completion of Practice Education  
(Stages 1 and 2)

PGCert Advanced  
Social Work Practice  
(Practice Education)

Completion of 60 credits

PGCert Advanced  
Social Work Practice

A total of 120 completed credits  
PGDip Advanced Social Work Practice

60 credit  
Dissertation/Research module

A total of 120 credits plus 60 dissertation credits  
MA Advanced Social Work Practice



## IMPORTANT

Please note that modules will run subject to minimum number of enrolments being achieved.

## FEES

### Self-funders

Once your application has been approved, you will be asked to pay the course fees prior to enrolment via Middlesex University's online store. You will only receive your enrolment information and timetable once your payment has been received.

### Sponsorship

Your employer may sponsor you to do our CPD modules. The budget holder will need to fill out the relevant section of the application form as well as providing us with a completed "Sponsorship Evidence" form, which we provide. Your employer will be invoiced by Middlesex University to cover your fees and if a purchase order number is required on the invoice, they will need to provide us with the number by emailing it to [socialworkcpd@mdx.ac.uk](mailto:socialworkcpd@mdx.ac.uk)

## PROGRAMME INFORMATION

### Certificates

Upon successful completion of your course/module, we will send a certificate of achievement directly to you. Certificates will be sent out up to six weeks after the official publication of results – the dates of Assessment Boards and publication dates can be found on the student portal.

### Module Handbooks

During your induction, you will be given a module handbook which details all information relevant to your module, such as academic/administrative contact details and programme and assessment information. You will also be given access to the University's "myLearning" portal where you can view the handbook online, as well as all the course lecture slides and handouts.

### Replacement certificates

If you require a replacement certificate due to loss/theft/deterioration, you will need to contact the Social Work CPD team by email ([socialworkcpd@mdx.ac.uk](mailto:socialworkcpd@mdx.ac.uk)) stating your full name, date of birth, current postal address, the module and year of completion. We charge an administrative fee of £65 to replace the certificate and this can be paid via our online store.

## FACILITIES AT MIDDLESEX UNIVERSITY

Middlesex's eight large, modern lecture theatres hold 100 to 350 students and are equipped with the best in multimedia technology. Built-in PCs, wifi, and digital line array sound systems, as well as high definition projectors, ensure educators have everything they need to deliver highly engaging lectures.

Our seminar rooms have 75" 4k touchscreens which have the ability to show live annotated presentations.

Lecture record facilities have been installed in our lecture and seminar rooms to enhance the student learning experience.

### Seminar rooms and micro-labs

Middlesex University has a number of centrally bookable seminar rooms. The rooms are equipped with new furniture and high-standard audio equipment.

Wall-mounted whiteboards are available in all seminar rooms. We also have centrally bookable micro-labs where students can use computers as part of their seminar.



### Teaching and learning during coronavirus

Our blended courses are taught in a flexible way through a combination of online and on campus sessions. If there is a need is a need to switch delivery to fully online, we will do this.

### Library

Middlesex provides extensive, flexible library services that can be accessed on-campus, or wherever you are in the world.

The Sheppard Library houses an enormous collection of hard copy resources, and the vast majority of our 30,000 full text journals are available online. There are also plenty of silent and group study spaces for you to use in the Sheppard Library.

Some of the excellent services provided by the Library are:

- Free e-books
- Free printing
- Free laptop loan
- Open 24/7
- Expert advice from StudyHub.

### Food and drink

Middlesex staff and students can enjoy a wide variety of excellent food and drink options right here on campus.

In MDX House you will find a range of eateries including Subway and our very own Streat counter where you will be able to pick up a delicious hot meal.

Within MDX House you can also find the MDX Bar, a vibrant social space with state-of-the-art sound system.

### Nursery

The nursery at Middlesex University provides early years education and full day-care for children aged six weeks to five years. This allows students to successfully combine work or academic study with parenthood.

The nursery provides a principled approach to young children's care and education, with an emphasis on parental involvement and collaborative working.

# MODULES

## PRACTICE EDUCATION – STAGE 1

This module allows candidates to gain a greater understanding of some of the main areas involved in supervising, teaching, mentoring, coaching and assessing social work students. Successful completion of this module allows learners to progress to the Practice Education Stage 2 module.

### Entry requirements

- Qualified Social Worker with at least one year post-qualifying experience.

### Practice Education Stage 1

Module code: SWK4011  
 Level: 7  
 Credits: 30  
 Fees: £840\*  
 Cohorts: September 2020 and March 2021  
 Campus: Hendon KSS Children and Families (1,6,7,8,9,10,11), KSS Adults (2 to 10)



### Teaching dates:

September cohort: 11 September, 18 September, 16 October, 30 October, 20 November and 4 December 2020

March cohort: 5 March, 12 March, 23 April. 21 May, 11 June and 25 June 2021

## PRACTICE EDUCATION – STAGE 2

This module includes an overview of the main areas involved in supervising, teaching, mentoring, coaching and assessing social work students studying qualifying social work programmes. This module focuses on achieving the Practice Educator Professional Standards.

### Entry requirements

- Successful completion of SWK4011.

### Practice Education Stage 2

Module code: SWK4421  
 Level: 7  
 Credits: 30  
 Fees: £840\*  
 Cohorts: January and July 2021  
 Campus: Hendon KSS Children and Families (1 to 11), KSS Adults (2 to 10)



### Teaching dates:

January cohort: 5 January, 5 February, 1 March, 19 March and 16 April 2021

July cohort: 15 July, 29 July, 2 September, 16 September, 1 October 2021

\*Some limited funded places may be available to local authorities.

## BEST INTEREST ASSESSOR

Best Interest Assessor is an interprofessional module which aims to equip experienced practitioners in health and social care with the skills and knowledge required to enable them to undertake a Best Interest Assessment related to implementing the Deprivation of Liberty Safeguards. On successful completion of the module, participants will be eligible to apply for approval to their Supervisory Board as a Best Interest Assessor. This is a one week intensive course.

### Best Interest Assessor

Module code: SWK4440  
 Level: 7  
 Credits: 30  
 Fees: £1200  
 Cohorts: November 2020 and April 2021  
 Campus: Hendon KSS Children and Families (4), KSS Adults (2 to 10)

### Entry requirement

- Two years post-registration experience as either an approved mental health professional or social worker registered with the Health and Care Professions Council
- First level nurses registered in Part 1 of the Register, occupational therapists registered in Part 6 of the Register and chartered psychologists listed in BPS.



### Teaching dates:

November cohort: 23 to 27 November 2020 and 8 January 2021

April cohort: 26 to 30 April and 4 June 2021



**I came into the module very anxious and worried that I would not cope/complete it, but the way it was structured made it very easy for me to complete all areas of the course. The trainer...was very knowledgeable...**

BIA student, May 2020

### STRENGTHENING MENTAL HEALTH PRACTICE

The aim of the module is to enable qualified social workers and other social care staff to demonstrate that since qualifying, they have built on and extended both their practice and academic competence and capabilities in their practice within a mental health setting. Additionally, the module aims to build on students' mental health knowledge to an appropriate level to enable them to go on (if they choose) to complete the Approved Mental Health Professional programme.

- Have at least one year post-qualifying experience.

#### Strengthening Mental Health Practice

Module code: SWK4414  
 Level: 7  
 Credits: 30  
 Fees: £900  
 Cohorts: February 2021  
 Campus: Hendon KSS Children and Families (4)  
 KSS Adults (2 to 9)

#### Entry requirements

- You must be a qualified social worker, nurse, psychologist or occupational therapist



#### Teaching dates:

3 February, 17 February, 3 March, 17 March and 7 April 2021

### PROFESSIONAL SUPERVISION IN PUBLIC AND COMMUNITY SERVICES

This module aims to further develop the participant's knowledge, skills and confidence to enable them to enhance supervision practices within the workplace and ultimately improve service quality for service-users. Participants will be challenged to explore and evaluate their own supervision skills and develop greater self-awareness of the effective use of self within relationship-based supervision.

#### Professional Supervision in Public and Community Services

Module code: SWK4080  
 Level: 7  
 Credits: 30  
 Fees: £900  
 Cohorts: January 2021  
 Campus: Hendon KSS Children and Families (1,7,9,10,11)  
 KSS Children and Families (Practice Supervisor) (1 to 8)



#### Teaching dates:

20 January, 27 January, 9 March, 24 March and 21 April 2021

### CRITICAL THINKING AND ANALYSIS IN SOCIAL WORK

This module aims to facilitate and encourage qualified professional social workers to engage with the underpinning principles of critical thinking and reasoned discernment in relation to their practice and decision making. Students will be facilitated to consolidate their knowledge and skills and to recognise and reflect upon their post-qualification experience to identify the complexity of practice and decision making processes.

#### Critical Thinking and Analysis in Social Work

Module code: SWK4331  
 Level: 7  
 Credits: 30  
 Fees: £900  
 Cohorts: October 2020  
 Campus: Hendon KSS Children and Families (6,7,9,10,11)  
 KSS Children and Families (Practice Supervisor) (5)  
 KSS Adults (6 to 10)



#### Teaching dates:

7 October, 14 October, 28 October, 11 November and 25 November 2020

### LEADERSHIP FOR PUBLIC AND COMMUNITY SERVICES

This module aims to critically develop participant's knowledge and skills to enable them to work effectively within the context of leadership and service development within the workplace. Participants will be facilitated to develop and enhance their own leadership role within their chosen profession and to critically explore and evaluate their own leadership style.

#### Leadership for Public and Community Services

Module code: NSA4100  
 Level: 7  
 Credits: 15  
 Fees: £1690  
 Cohorts: January 2021  
 Campus: Hendon KSS Children and Families (9 to 11)  
 KSS Children and Families (Practice Supervisor) (1, 3, 4, 5, 8)



#### Teaching dates:

28 January, 11 February, 25 February, 10 March, 24 March, 28 April, 5 May and 19 May 2020

### SERVICE DEVELOPMENT AND QUALITY IMPROVEMENT

This module aims to provide managers and practitioners with the opportunity to explore legislation and policy directions in public and community services. There will be a focus on the impact of the practitioner's role in leading the development of services in a way that gives high importance to quality enhancing and using technology such as digital storytelling to promote good practice.

#### Service Development and Quality Improvement

Module code: NSA4200  
Level: 7  
Credits: 15  
Fees: £1690  
Cohorts: January 2020  
Campus: Hendon KSS Children and Families (9 to 11)  
KSS Adults (2,9,10)



#### Teaching dates:

Dates TBC

### RELATIONSHIP BASED PRACTICE: ADVANCED INTERVENTION SKILLS

This module draws on a range of theories and principles to offer an interdisciplinary and in-depth understanding of relationship-based practice for more effective social work interventions in child and family and adult social work. Topics covered include: motivational interviewing, systemic interventions, advanced interview practice skills and attachment-based direct work.

#### Relationship Based Practice: Advanced Intervention Skills

Module code: SWK4002  
Level: 7  
Credits: 30  
Fees: £900  
Cohorts: July 2020  
Campus: Hendon KSS Children and Families (1,2,4,5,6,7)  
KSS Children and Families (Practice Supervisor) (2,7)  
KSS Adults (2 to 4)



#### Teaching dates:

23 July, 24 July, 11 September, 23 October and 13 November 2020

### ASSESSED AND SUPPORTED YEAR IN EMPLOYMENT

This module enables newly qualified social workers (NQSWs) during their assessed and supported year in employment (ASYE), to consolidate their social work knowledge, skills and values in their specialist area of practice. It will enable them to critically reflect on and review their development to facilitate high-quality practice and service delivery. It will contribute to students' understanding and achievement of the PCF at ASYE level and the KSS.

#### Assessed and Supported Year in Employment

Module code: SWK4010  
Level: 7  
Credits: 30  
Fees: £900  
Cohorts: October 2020  
Campus: Hendon KSS Children and Families (1, 6, 7, 9, 10)  
KSS Adults (4, 8, 9, 10)



#### Teaching dates:

20 October, 17 November, 15 December 2020, 19 January and 16 February 2021



# CPD STUDY DAYS

This academic year we are pleased to announce the introduction of study days into our CPD offering. Our exciting new range of study days are short courses focused on mental health and will be led by clinically trained academics in the department. These study days are suitable for qualified and unqualified staff working in the NHS, social care and the independent and voluntary sectors. For more information about any of these days please contact Herbert Mwebe, Senior Lecturer in Mental Health and CPD Lead: [h.mwebe@mdx.ac.uk](mailto:h.mwebe@mdx.ac.uk)

## MOTIVATIONAL INTERVIEWING

This 2-day course presents an overview of the theory and practice of Motivational Interviewing — a client-centred approach to strengthen an individual's own motivation to change and support them in making changes.

### The course will cover:

- The ethos/principles of MI
- The cycle of change and how to apply it to your work
- Principles of Motivational work
- Recognising and working with ambivalence
- Recognising and responding to sustain/change talk in ourselves and with clients

Module code: SD405  
 Session leader: **Patricia Shanahan**  
 Fees: £93 per head/full day  
 Delivery mode: Mix of virtual/online blended learning using any of the following: Ms team, Kaltura Newrow, Zoom  
 Duration: 4-6hrs



**Dates:**  
5 November, 6 November 2020

## DEMENTIA AWARENESS

**By the end of this full day session, participants should be able to:**

- Define dementia and describe its prevalence and impact upon individuals
- Discuss and apply the assessment skills required
- State how physical health difficulties may exacerbate or mimic symptoms of dementia (focus on depression)
- Engage in reflective evaluation of caring interventions
- Recognise the role of the carer/family, their needs, and the support networks
- State national policy drivers and the effect of these on practice

Module code: SD88  
 Session leader: **Suzanne McGowan**  
 Fees: £93 per head/full day  
 Delivery mode: Mix of virtual/online blended learning using any of the following: Ms team, Kaltura Newrow, Zoom  
 Duration: 4-6hrs



**Dates:**  
TBC

## IMPROVING THE PHYSICAL HEALTH NEEDS IN SMI

The aim of this session is to address the physical health needs of people with mental illness by increasing your awareness of these needs and to deliver physical health checks to this patient group.

- Develop and understand your role in physical health monitoring

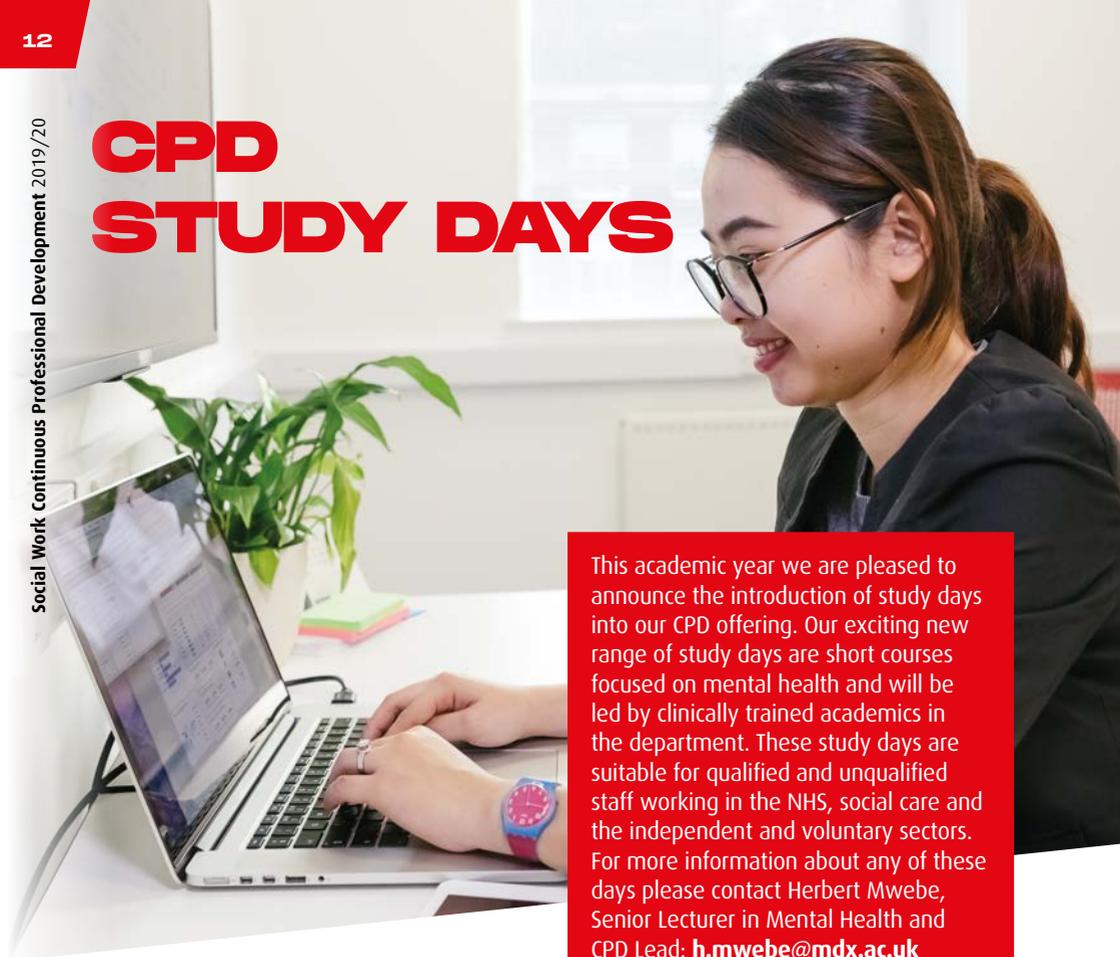
**By the end of the session, you should be able to:**

- Describe epidemiology related to poor physical health in SMI
- Identify the common physical/medical problems in SMI
- Examine factors behind poor physical health needs in SMI
- Describe the process/activities of conducting physical health assessment in SMI
- Outline the mandatory physical health checks/monitoring conducted in the SMI population (6\12 monthly checks)

Module code: SD82  
 Session leader: **Herbert Mwebe**  
 Fees: £93 per head/full day  
 Delivery mode: Mix of virtual/online blended learning using any of the following: Ms team, Kaltura Newrow, Zoom  
 Duration: 4-6hrs



**Dates:**  
9 October 2020



### DETERIORATING PATIENT IN A MENTAL HEALTH SETTING

**By the end of this full day session, participants should be able to:**

- Discuss personal effectiveness in gathering measurements and information about a patient's physical state of health
- Apply one or more named tools for monitoring changes in physical health status to demonstrate an awareness of the cues used to detect patient deterioration, including A-G assessment. This will include ACVPU and using the National Early Warning Score (NEWS2) and SBAR for a variety of scenarios as well as NICE and Royal College guidance.
- Describe and manage a variety of patient deterioration scenarios safely and effectively
- Prioritise a workload and escalate in a safe manner

- Explore understanding of individual responsibility and limitations in relation to monitoring the changing physical health status of a patient.

Module code: SD83  
 Session leader: **Adrian Jugdoyal**  
 Fees: £93 per head/full day  
 Delivery mode: Mix of virtual/online blended learning using any of the following:  
 Ms team, Kaltura Newrow, Zoom  
 Duration: 4-6hrs



**Dates:**  
TBC

### PERINATAL MENTAL HEALTH

**By the end of this full day session, participants should be able to:**

- Be able to screen, identify and refer at risk women at risk of perinatal mental health problems
- Gain skills required to screen, assess, and refer to at risk women to appropriate services
- Gain an understanding of the actual and potential safeguarding risks for pregnant women
- Be able to identify mental health conditions that increase the risk of deterioration due to pregnancy

Module code: SD123  
 Session leader: **Laura Foley**  
 Fees: £93 per head/full day  
 Delivery mode: Mix of virtual/online blended learning using any of the following:  
 Ms team, Kaltura Newrow, Zoom  
 Duration: 4-6hrs



**Dates:**  
TBC

### CLINICAL SUPERVISION

**By the end of this full day session, participants should be able to:**

- To define Supervision and be aware of the principles of Clinical Supervision and Management Supervision
- To examine Policy and its application in practice
- Review the distinctions between different types of Supervision
- Examine the roles and responsibilities within the supervisory relationship
- Enable the negotiation of a written contract for Supervision
- Develop and practice skills required to carry out effective Supervision

Module code: SD91  
 Session leader: **Ruairi Mulhern**  
 Fees: £93 per head/full day  
 Delivery mode: Mix of virtual/online blended learning using any of the following:  
 Ms team, Kaltura Newrow, Zoom  
 Duration: 4-6hrs



**Dates:**  
TBC



For further information, please contact our team:

**+44(0) 20 8411 4420**

The information contained in this publication is accurate and reliable at the time of printing – September 2020. For up-to-date information visit [www.mdx.ac.uk](http://www.mdx.ac.uk)

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