

## Programme Specification 2025-26

<b>1.</b>	<b>Programme title</b>	MSc Applied Psychology
<b>2.</b>	<b>Awarding institution</b>	Middlesex University
<b>3a</b>	<b>Teaching institution</b>	Middlesex University London
<b>3b</b>	<b>Language of study</b>	English

<b>4a</b>	<b>Valid intake dates and mode of study</b>
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<b>Mode of Study</b>	<b>Cohort</b>	<b>Delivery Location</b>	<b>Duration</b>
Full-time (FT)	Semester 1	Hendon	1 Years
Full-time (FT)	Semester 2	Hendon	1 Years
Part-time (PT)	Semester 1	Hendon	2 Years
Part-time (PT)	Semester 2	Hendon	2 Years
Full-time (FT)	Semester 1	Dubai	1 Years
Part-time (PT)	Semester 1	Dubai	2 Years

<b>4c</b>	<b>Delivery method</b>	On Campus/Blended Learning
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<b>5. Professional/Statutory/Regulatory body</b> (if applicable)
N/A

<b>6.</b>	<b>Apprenticeship Standard</b> (if applicable)	N/A
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<b>7. Final qualification(s) available</b>
<b>Target Award Title(s)</b>
MSc Applied Psychology
<b>Exit Award Title(s)</b>
PGCert Applied Psychology
PGDip Applied Psychology

<b>8. Academic year effective from</b>	2025-26
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<b>9. Criteria for admission to the programme</b>
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At least a second-class BSc degree in Psychology, Neuroscience, Clinical Neuroscience or a closely related subject.

Students for whom English is an additional language must have achieved IELTS 6.5 or above, with a minimum of 6.0 in all components

#### Principle of fair admission

The University aims to ensure that its admissions processes are fair, open and transparent and aims to admit students who, regardless of their background, demonstrate potential to successfully complete their chosen programme of study where a suitable place exists and where entry criteria are met. The University values diversity and is committed to equality in education and students are selected on the basis of their individual merits, abilities and aptitudes. The University ensures that the operation of admissions processes and application of entry criteria are undertaken in compliance with the Equality Act.

We take a personalised and fair approach to how we make offers. We feel it's important that our applicants continue to aspire to achieving great results and make offers which take into account pieces of information provided to us on the application form.

This includes recognition of prior learning and experience. If you have been working, or you have other learning experience that is relevant to your programme, then we can count this towards your entry requirements and even certain modules once you start studying.

### 10. Aims of the programme

The programme aims to:

The programme aims to provide students with an understanding of how psychology is applied to tackle real-world problems and to bring about change in areas such as physical and mental health and wellbeing, counselling, forensic and legal settings, child development and education, the workplace, and clinical neurophysiology

It also aims to teach students a range of generic and subject-specific skills across these areas which are needed for a career as a practising psychologist, and which they can take with them into further training or research in educational, developmental, forensic, counselling, clinical or academic psychology.

### 11. Programme learning outcomes

#### Programme - Knowledge and Understanding

On completion of this programme the successful student will have a knowledge and understanding of:

1. Ways in which psychology is applied to tackle real-world problems and bring about change in areas such as physical and mental health and wellbeing, counselling, forensic and legal settings, child development and education, the workplace, and clinical neurophysiology
2. Core practical skills that are broadly relevant across a number of areas within Applied Psychology, and that may be viewed as appropriate to postgraduate level training in psychology

3. Practical research, analytical and reporting skills developed through working either as a member of a team or individually
4. Key issues and limitations within Applied Psychology
<b>Programme - Skills</b> On completion of this programme the successful student will be able to:
5. Critically appraise written and orally presented information within the field of Applied Psychology
6. Formulate and present (oral and written) structured arguments
7. Apply advanced quantitative and qualitative research skills
8. Design, undertake and report an original piece of research within an area relevant to Applied Psychology

## 12. Teaching/learning methods

Students will be actively involved in a range of learning and teaching approaches. Such active approaches aim to put them at the centre of their learning, so they are involved and engaged in all aspects of their learning and assessment. A well-balanced mix of theory and practice is delivered by research-active staff and/or practitioners via a range of teaching methods, including:

- Live learning on campus – interactive sessions, seminars, and lab-based practicals alongside group work to stimulate communication, cooperation, and discussion.
- Academic support sessions – tutorials, assessment workshops, research supervision, and academic advisors supporting students in prioritizing their health and wellbeing.
- Independent study – flipped learning activities, key concept videos, prior reading or preparation for classes, data collection for projects, and group work with classmates.

Live learning on campus will focus on learner activity, including discussion and debates to enable students to share their thoughts and experiences, which will help direct the focus of sessions, making them co-leaders in their learning. Learner activity will also involve group tasks applying knowledge to practical problems. This will allow them to apply learning beyond the classroom and encourage collaborative working and learning between students from different countries and cultures. Learning will be practice-led, with a strong focus on employability, ensuring students gain hands-on experience that prepares them for careers in both research and applied neuroscience settings.

Students' learning will be supported by existing and emerging learning technologies, including a variety of platforms and software packages. This will enhance their digital literacy and foster essential skills that are highly valued by employers, such as flexible working, effective communication, IT proficiency, teamwork, and the ability to create shared understandings based on quality resources and access to global expertise.

Independent study will further consolidate learning, directed in many ways, particularly through the virtual learning environment. This includes the use of 'on-demand' videos, flipped learning activities such as case study preparation, interactive discussion forums, and peer-led activities such as unsupervised group discussions and role-playing exercises in class. Key concept videos will support student's independent learning outside of the classroom.

Approx. number of timetabled hours per week (at each level of study, as appropriate), including on-campus and online hours FT- 9, PT – 4.5

Approx. number of hours of independent study per week (at each level of study, as appropriate) FT - 31, PT – 15.5
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<b>13. Employability</b>
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<b>13a Development of graduate competencies</b>
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<b>13b Employability development</b>
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Development of graduate competencies
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The MSc Applied Psychology programme is designed to cultivate graduate competencies through a combination of theoretical knowledge, practical application, and reflective learning. Key competencies are developed and articulated as follows:
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1. Leadership and Influence
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Through group discussions, collaborative research projects, and presentations, students build confidence in articulating ideas and leading research initiatives. The independent research project fosters decision-making and project management skills essential for leadership in scientific and professional settings.
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2. Entrepreneurship
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Modules like Research and Issues in Applied Psychology encourage innovative thinking by exposing students to cutting-edge research techniques and enabling them to design and execute original research projects. This equips them with the entrepreneurial mindset to identify and act on opportunities in academia, forensic and legal settings, educational settings, healthcare, and industry.
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3. Communication, Empathy, and Inclusion
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Participatory seminars and group activities help students hone their communication skills, ensuring they can present complex ideas clearly and inclusively. The programme's focus on understanding diverse cognitive and developmental processes enhances empathy and cultural sensitivity.
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4. Curiosity and Learning
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Students are immersed in a research-led teaching environment where curiosity is nurtured through critical engagement with current debates in psychology. Modules such as Trauma impacts and Intervention and Open Science challenge students to question assumptions and seek evidence-based conclusions.
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5. Collaborative Innovation
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Group activities and laboratory sessions provide opportunities for collaborative problem-solving. The integration of interdisciplinary modules like Forensic Psychology & Psychological Interventions fosters innovation by combining perspectives from psychology and criminology.
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6. Resilience and Adaptability
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The diverse assessment methods, including essays, lab reports, and oral presentations, require students to adapt to various challenges and develop resilience in the face of feedback and rigorous academic demands.
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7. Technological Agility and Problem Solving
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The programme places a strong emphasis on technological competency. Modules such as Statistical Literacy for the Psychological Sciences and Qualitative Research Methods train students to apply analysis techniques to solve scientific problems.
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8. Problem Solving and Delivery
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Across all modules, students engage in activities that develop their ability to identify problems, evaluate solutions, and deliver impactful outcomes. The capstone research project exemplifies this competency, as students must manage the end-to-end delivery of an original scientific investigation.
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This multifaceted approach ensures that graduates are equipped with the broad competencies needed to thrive in diverse professional environments.
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## Employability development

Employability is a foundational aspect of the MSc Applied Psychology programme, integrated through strategic activities, engagement, and robust evaluation mechanisms to prepare students for further training and careers in educational, developmental, forensic, counselling, clinical or academic settings.

### 1. Career Readiness Activities

- Career Workshops: Delivered by MDX Employability Services, these workshops focus on CV building, job applications, and interview preparation, tailored to career opportunities in neuroscience, healthcare, and data science.
- Research Showcase: Students present their research ideas, reading and projects to peers and academics, enhancing communication skills and building professional networks.

### 2. Professional Engagement

- Learning opportunities with physical and mental health and wellbeing professionals, and MDX Employability Services allow students to address real-world challenges and develop practical skills.

### 3. Evaluating Employability Development

- Student Feedback: Surveys capture student reflections on employability activities, helping identify areas for improvement.
- Graduate Outcomes: MDX Employability Services track employment destinations and gather alumni feedback to evaluate career preparedness.

### 4. Employability Integration

Given the intensive one-year structure, employability is embedded strategically across the programme:

- Career Mapping Workshop: Early in the year, MDX Employability Services guides students in identifying career goals and planning their trajectory.
- Individual Consultations: Toward the end, programme leaders offer one-on-one sessions to refine CVs, prepare for interviews, and strategise career transitions.

This cohesive approach ensures graduates are equipped with the knowledge, skills, and connections to excel in their chosen fields.

## **13c Placement and work experience opportunities (if applicable)**

N/A

## **13d Future careers / progression**

This programme is designed for students who wish to work in UK or international health services, public health organisations, educational or occupational settings, or academia, or who plan to progress to Doctorate/postgraduate training in clinical psychology, counselling psychology, health psychology, occupational psychology, educational psychology, forensic psychology or neuroscience.

## **14. Assessment methods**

The programme employs a diverse range of assessment methods, including essays, practical assessments, presentations, reports, lab reports, and research reports. These methods are carefully aligned with the programme's learning outcomes, ensuring students develop the necessary theoretical understanding, technical proficiency, and critical thinking skills required for careers in neuroscience research and clinical applications.

## **15. Programme Structure (level of study, modules, credits and progression requirements)**

Structure is indicative for Part-time routes.

Students must take all of the compulsory modules and choose following programme requirements from the optional modules.

Non-compensatable modules are noted below.

#### **Available Pathways**

Not Applicable

### **Year 1**

#### **Year 1 Level 7 FT and PT**

<b>Code</b>	<b>Type</b>	<b>Module Title</b>	<b>Credits at FHEQ Level</b>
PSY4045	Compulsory	Research and Issues in Applied Psychology 2025-26	30 at Level 7
CRM4632	Optional	Forensic Psychology and Psychological Interventions 2025-26	30 at Level 7
PSY4223	Optional	Trauma Impacts and Interventions 2025-26	30 at Level 7
PSY4062	Optional	Open Science 2025-26	15 at Level 7
PSY4230	Compulsory	Statistical literacy for psychological science 2025-26	15 at Level 7
PSY4240	Compulsory	Qualitative Psychology in Practice 2025-26	15 at Level 7
PSY4115	Compulsory	Counselling and Psychotherapy in Applied Psychology 2025-26	30 at Level 7
PSY4035	Compulsory	Research: Practice and Reporting 2025-26	60 at Level 7
PSY4060	Optional	Developmental Neuroscience 2025-26	15 at Level 7

### **Year 2**

#### **Year 2 Level 7 PT**

<b>Code</b>	<b>Type</b>	<b>Module Title</b>	<b>Credits at FHEQ Level</b>
CRM4632	Optional	Forensic Psychology	30 at

		and Psychological Interventions 2026-27	Level 7
PSY4223	Optional	Trauma Impacts and Interventions 2026-27	30 at Level 7
PSY4062	Optional	Open Science 2026-27	15 at Level 7
PSY4060	Optional	Developmental Neuroscience 2026-27	15 at Level 7
PSY4115	Compulsory	Counselling and Psychotherapy in Applied Psychology 2026-27	30 at Level 7
PSY4035	Compulsory	Research: Practice and Reporting 2026-27	60 at Level 7

\*Please refer to your programme page on the website re availability of option modules

#### 16. Programme-specific support for learning

All students have access to the centralised university student support services to support their teaching and learning needs, their mental health, wellbeing and welfare. They are also supported by personal tutors, the Learner Enhancement Team, and Progression and Support Advisors to help them to progress with their studies.

#### 17. HECos code(s)

100493: Applied Psychology

#### 18. Relevant QAA subject benchmark(s)

#### 19. University Regulations

This programme will run in line with general University Regulations: [Policies | Middlesex University](#)

This programme will run in line with general University Regulations:  
<https://www.mdx.ac.uk/about-us/policies/>

#### 20. Reference points

- Middlesex University Regulations 24/25
- 2031 Learning Framework Operationalising the Principles: for Postgraduate Taught Programmes
- Graduate competencies
- Quality Assurance Agency (QAA) Frameworks for Higher Education Qualifications
- QAA Quality Code for Higher Education
- QAA Master's Degree Characteristics Statement
- QAA Psychology subject benchmark statement
- Health and Care Professions Council Standards of Proficiency: Practitioner Psychologists

- External Examiner's feedback and reports
- Students' feedback from student voice groups, PTES and module evaluation surveys
- Middlesex University Learning and Teaching Policies and Strategies

#### **21. Other information** *(if applicable)*

Please note programme specifications provide a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve if they take full advantage of the learning opportunities that are provided. More detailed information about the programme can be found in the rest of your programme handbook and the university regulations.



## Curriculum map for MSc Applied Psychology

Programme learning outcomes

### Knowledge and understanding

A1	ways in which psychology is applied to tackle real-world problems and bring about change in areas such as physical and mental health and wellbeing, counselling, forensic and legal settings, child development and education, the workplace, and clinical neurophysiology
A2	core practical skills that are broadly relevant across a number of areas within Applied Psychology, and that may be viewed as appropriate to postgraduate level training in psychology
A3	practical research, analytical and reporting skills developed through working either as a member of a team or individually
A4	key issues and limitations within Applied Psychology

### Skills

B1	critically appraise written and orally presented information within the field of Applied Psychology
B2	formulate and present (oral and written) structured arguments
B3	apply advanced quantitative and qualitative research skills
B4	design, undertake and report an original piece of research within an area relevant to Applied Psychology

**Programme learning outcomes** - Highest level achieved by graduates

A1	A2	A3	A4	B1	B2	B3	B4
7	7	7	7	7	7	7	7

**Mapping by level of study and module**

Module Title	Module Code by Level of study	A1	A2	A3	A4	B1	B2	B3	B4
<b>Level 7 - core</b>									
Statistical Literacy for Psychological Science	PSY4230	X	X	X	X			X	
Qualitative Psychology in Practice	PSY4240	X	X	X	X			X	
Research and Issues in Applied Psychology	PSY4045	X	X	X	X	X		X	
Research: Practice and Reporting	PSY4035	X	X	X	X	X	X		X
Counselling and Psychotherapy in Applied Psychology	PSY4115	X				X	X	X	
<b>Level 7 - options</b>		A1	A2	A3	A4	B1	B2	B3	B4
Trauma Impacts and Interventions	PSY4223	X				X	X	X	
Forensic Psychology and Psychological Interventions	CRM4632	X	X						

Open Science	PSY4062	X				X	X	X	
Developmental Neuroscience	PSY4060	X				X	X	X	